

Haley's Rocks

COPPER KNOB
BY STEPHEN BRETTS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Roy Maples (UK)
音樂: Rock Around the Clock - Bill Haley & The Comets



The dance begins after 32 counts, when Bill Haley has sung "We're gonna rock around the clock tonight. Put" start dancing on the word "your". Also if the bridges are omitted this dance can be done to any song with a Rock & Roll beat

STEP, LOCK, STEP, SCUFF, GRAPEVINE, STEP BACK RIGHT, LEFT, RIGHT

- 1-4 Step forward on right foot; lock step, left foot behind right foot, step forward on right foot; scuff left foot
- 5-8 Step left foot to left side, step right foot behind left foot, step left foot to left side, touch right foot beside left
- 9-10 Step right foot back diagonally, touch left foot beside right and clap
- 11-12 Step left foot back diagonally, touch right foot beside left and clap

GRAPEVINE RIGHT WITH ¼ TURN & HITCH; GRAPEVINE LEFT WITH ½ TURN & HITCH; GRAPEVINE RIGHT WITH TOUCH; GRAPEVINE LEFT WITH ½ TURN & HITCH; GRAPEVINE RIGHT WITH TOUCH

- 13-16 Step right foot to right side, step left foot behind right foot, step right foot to right side making ¼ turn right, hitch left leg
- 17-20 Step left foot to left side, step right foot behind left foot, step left foot to left side making ½ turn to left, hitch right leg
- 21-24 Step right foot to right side, step left foot behind right foot, step right foot to right side, touch left foot beside right
- 25-28 Step left foot to left side, step right foot behind left foot, step left foot to left side making ½ turn to left, hitch right leg
- 29-32 Step right foot to right side, step left foot behind right foot, step right foot to right side, touch left foot beside right

CROSS ROCK ON LEFT & HOLD; CROSS ROCK ON RIGHT & HOLD; SLOW JAZZ BOX

- 33-36 Cross left foot in front of right foot and rock weight forward onto left foot, rock weight back onto right foot, rock weight forward onto left foot and hold for 1 count
- 37-40 Cross right foot in front of left foot and rock weight forward onto right foot, rock weight back onto left foot, rock weight forward onto right foot and hold for 1 count
- 41-48 Cross left foot over right foot, hold for 1 count, step right foot back, hold for 1 count, step left foot back next to right foot, hold for 1 count, touch right foot next to left foot, hold for 1 count

REPEAT

SEQUENCE OF THE DANCE IS:

After the entire dance has been repeated twice there is an instrumental break. Replace Step 47 ("Touch right foot next to left foot") with "Step right foot beside left - weight on both feet" and then add Bridge 1

The entire dance is repeated twice more and then there is another instrumental break, this is where Bridge 2 is added

The dance is then repeated up to Step 40 followed by the Tag to the end of the dance

BRIDGE 1

HEEL & TOE SWIVELS TO LEFT WITH CLAP; HEEL & TOE SWIVELS TO THE RIGHT WITH A CLAP

- 1-4 With weight on balls of both feet, swivel both heels to the left, transfer weight from balls of both feet to heels of both feet and swivel toes to the left, transfer weight back onto balls of both feet and swivel both heels to the left, clap on 4th count

- 5-8 Keeping weight on balls of both feet, swivel both heels to the right; transfer weight from balls of both feet to heels of both feet and swivel toes to the right, transfer weight back onto the balls of both feet and swivel both heels to the right, clap on 8th count
- 9-16 Repeat steps 1-8

ROCK ON LEFT & HOLD; ROCK ON RIGHT & HOLD; LOCK STEP BACK ON LEFT & HOLD; LOCK STEP BACK ON RIGHT & HOLD

- 17-20 Step left foot in front of right foot and rock weight forward onto left foot, rock weight back onto right foot, rock weight forward onto left foot and hold for 1 count
- 21-24 Step right foot in front of left foot and rock weight forward onto right foot, rock weight back onto left foot, step right foot back next to left foot and hold for 1 count
- 25-28 Step back on left foot; lock step back, right foot step back in front of left foot; step back on left foot and hold for 1 count
- 29-32 Step back on right foot; lock step back, left foot step back in front of right foot; step right foot back; step left beside right (weight on both feet)

HEEL & TOE SWIVELS TO RIGHT WITH CLAP; HEEL & TOE SWIVELS TO LEFT WITH CLAP ROCK FORWARD ON RIGHT WITH HOLD; ROCK FORWARD ON LEFT WITH HOLD

- 33-36 With weight on balls of both feet swivel heels to the right, transfer weight from balls of both feet to heels of both feet and swivel toes to the right, transfer weight back onto the balls of both feet and swivel both heels to the right, clap on count 36
- 37-38 Keeping weight on balls of both feet, swivel both heels to the left; transfer weight from balls of both feet to heels of both feet and swivel toes to the right; transfer weight back onto the balls of both feet and swivel both heels to the right, clap on count 40
- 41-44 Cross right foot in front of left foot and rock weight forward onto right foot; rock weight back onto left foot; rock weight forward onto right foot and hold for 1 count
- 45-48 Cross left foot in front of right foot and rock weight forward onto left foot; rock weight back onto right foot; rock weight forward onto left foot and hold for 1 count

BRIDGE 2

CROSS ROCK RIGHT, HOLD, RECOVER ON LEFT, HOLD, SIDE STEPS TO RIGHT; CROSS ROCK LEFT, HOLD, RECOVER ON RIGHT, HOLD, SIDE STEPS TO LEFT, ½ TURN, HOLD

- 1-4 Cross right foot in front of left foot and rock weight forward onto right foot, hold for 1 count; rock weight back onto left foot and hold for 1 count
- 5-8 Step right foot to right side, step left beside right, step right to right side and hold for 1 count
- 9-12 Cross left foot in front of right foot and rock weight forward onto left foot, hold for 1 count; rock weight back onto right foot and hold for 1 count
- 12-16 Step left foot to left side making ½ turn to the left; step right foot next to left; step left beside right, hold for 1 count

CROSS ROCK RIGHT, HOLD, RECOVER ON LEFT, HOLD, SIDE STEPS TO RIGHT; CROSS ROCK LEFT, HOLD, RECOVER ON RIGHT, HOLD; SIDE STEPS TO LEFT, HOLD

- 17-32 Repeat steps 1-16

CROSS ROCK RIGHT, HOLD, RECOVER ON LEFT, HOLD, SIDE STEPS TO RIGHT; CROSS ROCK LEFT, HOLD, RECOVER ON RIGHT, HOLD; SIDE STEPS TO LEFT, HOLD

- 33-44 Repeat steps 1-12
- 45-58 Step left foot to left side; step right foot beside left foot, step left foot to left side and hold for 1 count

TAG

STEP ½ TURN RIGHT, HOLD; STEP ½ TURN RIGHT, HOLD

- 1-4 Step forward on left foot, hold for 1 count; pivot ½ turn to right, hold for 1 count
- 5-8 Step forward on left foot, hold for 1 count; pivot ½ turn to right, hold for 1 count

SIDE STEP, UNWIND ¾ TURN, SIDE STEP

9-12

Step small step, left foot to left side, hold for 3 count

13-16

Step right foot behind left foot and unwind a $\frac{3}{4}$ turn to the right; step left foot to left side and raise left arm (hold arm in the air until the drum roll stops)
