

The Hale-Bop (P)

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Ron Kline (USA)
音樂: A Man This Lonely - Brooks & Dunn



DIAGONAL SHUFFLES

- 1 Step left foot to left side
- 2&3 Shuffle on a forward diagonal left (right-left-right.)
- 4 Step left foot to left side
- 5&6 Shuffle on a backward diagonal left (right-left-right.)
- 7 Step left foot to left side making a $\frac{1}{4}$ turn to the right with the step
- 8 Step right foot to right side making a $\frac{1}{4}$ turn to the right with the step

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VINE LEFT WITH CROSS STEPS AND BUMPS

- 1 Step left foot to left side
- 2&3 Cross right foot over left and step, step left foot to left side, cross right foot over left and step
- 4 Step left foot to left side making a $\frac{1}{4}$ turn to the left with the step
- 5 Step right foot on a forward diagonal right
- 6-7 Bump hips to right side twice
- 8 Shift weight back onto left foot turning $\frac{1}{4}$ to the right (to face front wall)

VINE RIGHT WITH CROSS STEPS AND BUMPS

- 1 Step right foot to right side
- 2&3 Cross left foot over right and step, step right foot to right side, cross left foot over right and step
- 4 Step right foot to right side making a $\frac{1}{4}$ turn to the right with the step
- 5 Step left foot on a forward diagonal left
- 6-7 Bumps hips to left side twice
- 8 Shift weight back onto right foot turning $\frac{1}{4}$ to the left (to face front wall)

TURN, CHA-CHA, TURN, CHA-CHA, STEPS

- 1 Step left foot to left side, making a $\frac{1}{4}$ turn to the left with the step
- 2&3 Cha-cha forward (right-left-right.)
- 4& Step left foot forward prepping toe to left side, pivot $\frac{1}{2}$ turn to the left on ball of foot
- 5&6 Cha-cha backward (right-left-right.)
- 7-8 Step left foot backward, step right foot next to left

STEP, CHA-CHA, TURN, CHA-CHA, STEPS

- 1 Step left foot forward
- 2&3 Cha-cha- forward (right-left-right.)
- 4& Step left foot forward prepping toe to left side, pivot $\frac{1}{2}$ turn to the left on ball of foot
- 5&6 Cha-cha backward (right-left-right.)
- 7-8 Step left foot backward, step right foot next to left

REPEAT
