

Hairpin Bends

拍數: 32 牆數: 4 級數: Improver
編舞者: David Feltell (UK)
音樂: Dangerous Curves - The Cherry Bombs



Start on lyrics

RUMBA BOX

1-2 Step left foot to left, close right to left
3-4 Step forward with left, hold for one beat
5-6 Step right foot to right, close left to right
7-8 Step back on right foot, hold for one beat

SIDE STEP, CLOSE TOGETHER, ¼ TURN LEFT AND HOLD, ROCK, RECOVER, ¼ TURN RIGHT & HOLD

1-2 Step left foot to left, close right to left
3-4 Step left foot to left (turning ¼ turn to left), hold for one beat (facing 9:00)
5-6 Rock forward on right, recover weight on to left
7-8 Step right to right (turning ¼ turn to right), hold for one beat (facing 12:00)

CROSS STEPS (TWICE) & HOLD, ROCK, RECOVER, ¼ TURN RIGHT & HOLD

1-2 Cross left foot over right, step right foot to right
3-4 Cross left foot over right, hold for one beat
5-6 Rock forward on right foot, recover weight onto left foot
7-8 Step right foot to right (turning ¼ to right), hold for one beat (facing 3:00)

LEFT ROCKING CHAIR, 2 X ¼ TURN PADDLE TURNS TO RIGHT

1-2 Rock forward on left foot, recover weight onto right
3-4 Rock back on left foot, recover weight onto right
5-6 Small step forward on left foot, step right foot turning to the right ¼ turn
7-8 Repeat steps 5&6, finishing with weight on right foot

REPEAT
