

# Habitual

**COPPERKNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Douglas Scott  
音樂: Out of Habit - BR5-49



## STEP AND TOUCHES

- 1 Step left foot forward
- 2 Touch right foot next to left
- 3 Step right foot to right
- 4 Touch left foot next to right

## STEP AND TOUCHES WITH 2 X ¼ TURNS

- 5 Step left foot to left with ¼ turn to the right
- 6 Touch right foot next to left
- 7 Step right foot to right with ¼ turn to the right
- 8 Touch left foot next to right

Now facing opposite from home wall

## DIAGONAL FUNKY STEPS

- 9 Step left foot forward on left diagonal with hip bump forward

Style: dip shoulders

- 10 Step right foot next to left with hip bump back
- 11 Step left foot forward on left diagonal with hip bump forward

Style: dip shoulders

- 12 Touch right foot next to left with hip bump back

## DIAGONAL FUNKY STEPS

- 13 Step right foot forward on right diagonal with hip bump forward

Style: dip shoulders

- 14 Step left foot next to right with hip bump back
- 15 Step right foot forward on right diagonal with hip bump forward

Style: dip shoulders

- 16 Touch left foot next to right with hip bump back

## WALK BACKWARD, LEFT COASTER STEP

- 17 Step back on left foot
- 18 Step back on right foot
- 19 Step back on left foot
- & Step right foot next to left
- 20 Step forward on left foot

## KICK, CROSS, UNWIND, ROCK STEP

- 21 Kick right foot forward
- 22 Cross right foot over left
- 23 Unwind ½ turn to the left (weight ends on right foot)
- 24 Rock onto left foot to left

## RECOVER, ¼ TURNING JAZZBOX

- 25 Rock back onto right foot
- 26 Cross left foot over right
- 27 Step right foot back with ¼ turn to the left
- 28 Step left foot to left

## "HABITUAL" SWITCH STEPS

- 29 Tap right heel forward
- & Step right foot next to left
- 30 Tap left toe backward
- & Pivot ½ turn to the left on right foot (keeping weight on right foot)
- 31 Tap left heel forward
- 32 Clap

## REPEAT

## TAG:

**Add the following 16 additional steps after the fourth wall**

- 1 Step left foot forward
  - 2 Touch right foot next to left
  - 3 Touch right toe to right
  - 4 Touch right foot next to left
  - 5 Step right foot back
  - 6 Touch left foot next to right
  - 7 Touch left toe to left
  - 8 Touch left foot next to right
  - 9-16 Repeat 1-8
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