

Gumbo Rock

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Terry O'Farrell (UK)
音樂: Rad Gumbo - Little Feat



TOUCH KICK, BACK CROSS TOUCH, STEP LOCK STEP SCUFF

1-2 Touch right beside left, kick right forward
3-4 Step back right, touch left across front of right
5-6 Step forward left, lock right behind left
7-8 Step forward left, scuff right forward

STEP SLOW ½ TURN, BACK TOGETHER, WALK WALK

1 Step forward right
2-3-4 Make ½ turn left while bouncing heels over 3 counts (weight ends on right)
5-6 Step back left, step right beside left
7-8 Walk forward left, walk forward right

TOUCH KICK, BACK CROSS TOUCH, STEP LOCK STEP SCUFF

1-2 Touch left beside right, kick left forward
3-4 Step back left, touch right across front of left
5-6 Step forward right, lock left behind right
7-8 Step forward right, scuff left forward

STEP SLOW ½ TURN, BACK TOGETHER, WALK SCUFF

1 Step forward left
2-3-4 Make ½ turn right while bouncing heels over 3 counts (weight ends on left)
5-6 Step back right, step left beside right
7-8 Walk forward right, scuff left forward

CROSS BACK SIDE CROSS, ¼ TURN HOLD, ¼ TURN HOLD

1-2 Cross left over right, step back right
3-4 Step left to left side, cross right over left
5-6 Make ¼ turn right stepping back on left, click fingers at shoulder level
7-8 Make ¼ turn right stepping right to right side, click fingers at shoulder level

CROSS ROCK, SIDE ROCK, BACK ROCK, SIDE TOUCH HOLD

1-2 Cross rock left over right, recover weight onto right
3-4 Rock left to left side, recover weight onto right
5-6 Rock left back behind right, recover weight onto right
7-8 Touch left to left side, hold for one count

BACK ROCK, SIDE ROCK, CROSS ROCK, ¼ TURN HOLD

1-2 Rock left back behind right, recover weight onto right
3-4 Rock left to left side, recover weight onto right
5-6 Cross rock left over right, recover weight onto right
7-8 Make ¼ turn left stepping forward left, hold for one count

FORWARD TOGETHER, BACK TOGETHER, STEP HOLD, ½ PIVOT TURN HOLD

1-2 Step forward right, step left level with right (shoulder width apart)
3-4 Step back right, step left level with right (shoulder width apart)
5-6 Step forward right, hold for one count

7-8

Pivot $\frac{1}{2}$ turn left taking weight onto left, hold for one count

REPEAT
