Guitar Boogie



拍數: 40 牆數: 0 級數:

編舞者: Gloria Johnson (USA) 音樂: Get a Guitar - Jeff Carson



TOE POINTS

1 Point right toe behind at 5:00 o'clock

2 Slide right foot next to left

3 Point right toe behind at 5:00 o'clock

4 Slide right foot next to left

STEP SLIDE

5 Step right foot back at 5:00 o'clock

6 Slide left foot next to right

7 Step right foot back at 5:00 o'clock

8 Slide left foot next to right

TOE POINTS

9 Point left toe behind at 7:00 o'clock

10 Slide left foot next to right

11 Point left toe behind at 7:00 o'clock

12 Slide left foot next to right

STEP SLIDE

13 Step left foot back at 7:00 o'clock

14 Slide right foot next to left

15 Step left foot back at 7:00 o'clock

16 Slide right foot next to left

SHUFFLE FORWARD (LINES WILL PASS THROUGH EACH OTHER)

17&18 Shuffle forward on right, left, right 19&20 Shuffle forward on left, right, left

MILITARY TURN

21 Step forward on right foot 22 Turn ½ turn to the left 23-24 Stomp right foot twice

GUITAR BOOGIE (TRAVEL TO THE RIGHT)

With weight on heel of left foot and toe of right foot swivel heels open
Change weight to toe of left foot and heel of right foot and swivel toes apart
Change weight to heel of left foot and toe of right foot and swivel heels apart
Change weight to toe of left foot and heel of right foot and swivel toes apart

NOW TRAVEL TO THE LEFT

29-32 Using same weight change technique, but in reverse move toes together, heels together,

toes together, heels together

SHUFFLE AT AN ANGLE

Shuffle forward at a 45 degree angle to the right on your right, left, right Shuffle forward at a 45 degree angle to the left on your left, right, left

SCUFF & STOMP

37 Scuff right heel forward

38 Hitch right knee39 Stomp right foot40 Clap hands

REPEAT

VARIATION

On Steps 25-32 some folks may want to just swivel to the right, toes, heels, toes, heels, and then back to the left toes, heels, toes, heels.

HAND MOTIONS

In the Guitar Boogie steps, hold left hand out as if you were holding a guitar and play "air guitar" with your right hand! This motion is second cousin to patting your head with one hand and rubbing your belly with the other!