

Grrruvee

COPPER KNOB
BY STEPHENETS

拍數: 40 牆數: 2 級數: Intermediate
編舞者: Karla Carter-Smith (CAN)
音樂: Scream Shout - i5



- 1 Touch right toe forward bending knee in towards the left
&2 Replace right foot & touch left toe forward bending knee in towards the right
&3 Replace left foot & kick right foot forward
&4 Replace right foot & kick left foot forward
&5 Replace left foot & point right toe to right side
&6 Replace right foot & point left toe to left side
&7 Replace left foot and touch right toe forward bending knee in towards the left
&8 Replace right foot and touch left toe forward bending knee in to the right
On counts 5-8 move slightly back
- &9-10 Replace left foot & touch right foot forward pushing hips forward twice
&11-12 Replace right foot & touch left foot forward pushing hips forward once, step down on left turning ½ turn to right, swinging right leg behind
13&14 Step down on right & cross left in front, step right to right side
15&16 Stepping slightly back, step left to left side & cross right over left, step left to left side
- 17-24 Repeat counts 9-16
- 25&26 Point right toe to right side, replace right foot & point left toe to left side
&27&28& Replace left foot & point right toe to right side & replace right foot & point left toe to left side
29-32 Turning left vine (option-turning left vine with step together step 5, 6, 7&8, turn on counts 5, 6 only)
- 33-34 Turning ¼ to right, walk right then left
35&36 Turning ¼ to left, step right to right side, step left beside, step right to right side (step together step)
37-38 Turning ¼ to right, walk left then right
39&40 Turning ¼ to right, step left to left side, step right beside, step left to left side (step together step)

REPEAT
