

Grotto Shuffle

拍數: 0 牆數: 2 級數: Intermediate
編舞者: Janne Rantanen
音樂: Chillin' At The Grotto (feat. Siiri & Lauri) - Kwan



Sequence: ABB AABB AABB

PART A

STEP FORWARD, CHA-CHA BACK, STEP BACK, CHA-CHA FORWARD, PIVOT TURN

1 Step right foot forward
2&3 Step left foot back(small step), step right together, step left foot back
4 Step right foot back
5&6 Step left foot forward(small step), step right together, step left foot forward
7-8 Step right foot forward, turn ½ left, step weight on left foot

SHUFFLE RIGHT, CHA-CHA FORWARD, ROCK STEP, COASTER STEP

1&2 Step right foot to right side, step left foot next to right, step right foot to right
3&4 Step left foot forward, step right foot next to left, step left foot forward
5-6 Rock step right foot forward, recover weight on left foot
7&8 Step right foot back, step left foot next to right, step right foot forward

STEP FORWARD, CHA-CHA BACK, STEP BACK, CHA-CHA FORWARD, PIVOT TURN

1 Step left foot forward
2&3 Step right foot back(small step), step left together, step right foot back
4 Step left foot back
5&6 Step right foot forward(small step), step left together, step right foot forward
7-8 Step left foot forward, turn ½ right, step weight on right foot

SHUFFLE LEFT, CHA-CHA FORWARD, ROCK STEP, COASTER STEP

1&2 Step left foot to left side, step right next to left, step left foot to left
3&4 Step right foot forward, step left next to right, step right foot forward
5-6 Rock step left foot forward, recover weight on right foot
7&8 Step left foot back, step right foot next to left, step left foot forward

PART B

CROSS SHUFFLE, STEP, TURN STEP, CROSS SHUFFLE, ROCK STEP

1&2 Cross step right foot over left, step left foot to left, cross step right foot over left
3-4 Step left foot to left side, turn ½ to left and step right foot to right side
5&6 Cross step left over right, step right foot to right, cross step left over right
7-8 Rock step right foot to right side, recover weight on left foot

CROSS SHUFFLE, STEP, TURN STEP, CROSS SHUFFLE, ROCK STEP

1&2 Cross step right foot over left, step left foot to left, cross step right foot over left
3-4 Step left foot to left side, turn ½ to left and step right foot to right side
5&6 Cross step left over right, step right foot to right, cross step left over right
7-8 Rock step right foot to right side, recover weight on left foot

MAMBO CROSS, SIDE TOUCH, ¼ TURN, STEP

1&2 Step right foot to right side, step weight back on left foot, cross step right foot over left
3&4 Step left foot to left side, step weight back on right foot, cross step left over right foot
5&6 Step right foot to right side, step weight back on left foot, cross step right foot over left
7-8 Touch left foot toe to left side, step left beside to right foot and turn ¼ to left

MAMBO CROSS, SIDE TOUCH, ¼ TURN, STEP

- 1&2 Step right foot to right side, step weight back on left foot, cross step right foot over left
- 3&4 Step left foot to left side, step weight back on right foot, cross step left over right foot
- 5&6 Step right foot to right side, step weight back on left foot, cross step right foot over left
- 7-8 Touch left foot toe to left side, step left beside to right foot and turn ¼ to left
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