

# Groovy

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Lou Ecken (USA)  
音樂: (You Make Me Feel) Groovy! - Glen Mitchell



## TOE TOUCH, SWIVEL, HOLD, HEELS RIGHT, LEFT, RIGHT, LEFT

- 1-2      Touch left toe out to left side, swivel both heels to the right  
3-4      Hold  
5-8      Swivel heels left, right, left, right (lift slightly on left swivels; ¼ turn left on the last swivel)

## CROSS TOUCH, CROSS TOUCH, CROSS TOUCH, CROSS ½ TURN

- 1-2      Step left foot across right, touch right toe out to right side  
3-4      Step right foot across left, touch left toe out to left side  
5-6      Step left foot across right, touch right toe out to right side  
7-8      Cross right foot over left, pivot ½ turn to the left ending with weight on right

## CROSS SIDE TOGETHER, CROSS SIDE TOGETHER, CROSS SIDE TOGETHER, CROSS SIDE TOGETHER

- 1&2      Step left across right, step right to right side, step left next to right  
3&4      Step right across left, step left to left side, step right next to left  
5&6      Step left across right, step right to right side, step left next to right  
7&8      Step right across left, step left to left side, step right next to left

## HEEL GRINDS, KICK-BALL-TOUCH, FLICK ¼ TURN, SCUFF ¼ TURN

- 1-2      Touch left heel across right, swivel knee front  
3-4      Swivel knee back across right, then front  
5&6      Kick left foot diagonally across right, step down on left, touch right out to right (angling body towards front)  
&7-8      Step right next to left(making ¼ turn right), flick left foot up behind body, scuff left heel while making ¼ turn right (allow foot to continue through motion to begin the dance left toe touch to side)

REPEAT

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