

Groove Me

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Jeremy Oldham (USA)
音樂: Groove Me - King Floyd



STEP RIGHT TO RIGHT SIDE, HOLD, & TOGETHER, SIDE, & TOGETHER, CROSS RIGHT OVER LEFT, SIDE AND CROSS, SIDE AND CROSS

1-2 Step right to right side, hold
&3&4 Step left next to right, step right to right side, step left next to right, cross right over left
5&6 Step left to left side, step right next to left, cross left over right
7&8 Step right to right side, step left next to right, cross right over left

¾ TURN OVER RIGHT SHOULDER TRAVELING TO LEFT SIDE, ROCK STEP, ½ TURN LEFT, ROCK STEP, SAILOR STEP WITH A ¼ TURN

1&2 Turn a ¼ turn right stepping back on left foot; turn a ½ turn right stepping forward on right foot, step forward on left foot
3-4 Rock back on right, turn a ½ turn left, step forward on left foot
5-6 Step forward on right foot rocking forward, replace weight rocking back on left foot
7&8 Cross right foot behind left, step on ball of left foot doing a ¼ turn right, step right foot in place

WALK, WALK, POINT SIDE AND SIDE, SWING YOUR HEAD TO THE RIGHT AN LEFT WITH A ¼ TURN, ¼ COASTER AND CROSS

1-2 Step forward on left, step forward on right
3&4 Point left toe to left side, step left next to right, point right toe to right side
5-6 Swing your head to the right, swing your head to the left doing a ¼ turn left and putting the weight back onto the right foot
7&8 Step back on left foot, do a ¼ turn to the left step right foot in place, cross left foot over right

STEP FORWARD TOUCH, STEP BACK TOUCH, STEP FORWARD ½ PIVOT, MAMBO TOUCH

1-2 Step forward on right foot, touch left toe forward
3-4 Step back on left foot, touch right toe back
5-6 Step forward on right foot, turn a ½ pivot left putting weight onto the left foot
7&8 Step forward on right foot, step in place with left foot, touch right toe next to left foot

REPEAT

TAG

The tag comes at the end of the 3 wall right before you begin the 4 wall!

1-2-3&4 Step right to right side, step left next to right, step right to right side, & step left next to right, step right to right side
5-6-7&8 Step left to left side, step right next to left, step left to left side, & step right next to left, step left to left side

Begin from the top