

Groove It

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jane Ng (SG)
音樂: Groove It - Ronnie Beard



RIGHT KICK-BALL-CHANGE, STEP, SCUFF, HIP BUMPS

1&2 Kick right forward on ball of right, step left beside right
3-4 Steps right forward, scuff left
5&6 Step down left, hip bumps left right left
7&8 Bring right diagonally, hip bumps right left right

PIVOT HALF TURN; STEP, TOUCH

1-2 Step left forward, pivot ½ turn right
3-4 Step left forward, pivot ½ turn right
5-6 Step left, touch right beside left
7-8 Step right, touch left beside right

LEFT KICK-BALL-CHANGE, STEP, SCUFF, HIP BUMPS

1&2 Kick left forward, on ball of left, step right beside left
3-4 Step left forward, scuff right
5&6 Step down right, hip bumps right left right
7&8 Bring left diagonally, hip bumps left right left

PIVOT HALF TURN, STEP TOUCH

1-2 Step right forward, pivot ½ turn left
3-4 Step right forward, pivot ½ turn left
5-6 Step right, touch left beside right
7-8 Step left, touch right beside left

TOUCH OUT IN OUT IN, RIGHT JAZZ BOX TOUCH

1-4 Right touch out in out in
5-8 Cross right over left, in place left, right side step, left touch beside right

TOUCH OUT IN OUT IN, LEFT JAZZ BOX TOUCH

1-4 Left touch out in out in
5-8 Cross left over right, in place right, left side step, right touch beside left

CROSS STEP, SIDE TOUCH

1-2 Cross right over left, left side touch
3-4 Cross left over right, right side touch
5-6 Cross right behind left, left side touch
7-8 Cross left behind right, right side touch

ROCK FORWARD, ROCK BACK, PIVOT ½ TURN, PIVOT ¼ TURN

1-2 Rock forward right, recover left
3-4 Rock back right, recover left
5-6 Step right forward, pivot ½ turn left
7-8 Step right forward, pivot ¼ turn left

REPEAT

