

Green Snakes

COPPER **KNOB**
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Yvonne Anderson (SCO)
音樂: One Fool On A Stool (Green Snakes) - Zona Jones



8 count intro (once main beat begins) Start on the word "stool"

RIGHT STEP-LOCK-STEP, SCUFF, STEP, PIVOT ½ TURN RIGHT, ½ TURN RIGHT, HOLD

1-4 Step right forward, lock left behind right, step right forward, scuff left forward
5-6 Step left forward, pivot ½ turn right taking weight on right (6:00)
7-8 Make ½ turn right stepping left back, hold (12:00)

REVERSE RIGHT STEP-LOCK-STEP, KICK, COASTER STEP, HOLD

1-4 Step right back, lock left across right, step right back, kick left forward
5-8 Step left back, step right beside left, step left slightly forward

RIGHT TURNING SAILOR STEP ¼ LEFT, LEFT TURNING SAILOR STEP ¼ LEFT

1-4 Step right behind left, make ¼ turn left stepping left to left, step right to right, hold (9:00)
5-8 Step left behind right, make ¼ turn left stepping right to right, step left to left, hold (6:00)

CROSS ROCK, RECOVER, ¼ TURN RIGHT, HOLD, TWO STEP FULL TURN RIGHT (TRAVELS FORWARD), STEP, HOLD

1-2 Rock right across left, recover weight on left
3-4 Make ¼ turn right stepping right forward, hold (9:00)
5-8 Make ½ turn right stepping left back, make ½ turn right stepping right forward, step left forward, hold

Easier option - walk forward stepping right, left, right, hold

ROCK, RECOVER, REVERSE RIGHT STEP-LOCK-STEP-LOCK, STEP BACK, HITCH ½ TURN LEFT

1-2 Rock right forward, recover weight on left
3-6 Step right back, lock left across right, step right back, lock left across right
7-8 Step right back, hitch left across right shin and make ½ turn left (3:00)

MODIFIED LEFT & RIGHT COASTER STEPS FORWARD & BACK

1-4 Step left forward, step right beside left, step left toes back, drop left heel to floor
5-8 Step right back, step left beside right, step right heel forward, drop toes to floor

TURNING TOE STRUTS, SIDE, TOGETHER, FORWARD

1-4 Step left toes across right, make 1/8 turn left dropping left heel to floor, touch right toes back, make 1/8 turn left dropping right heel to floor (12:00)
5-8 Step left to left, slide right to left and take weight, step left forward, hold

STEP, ½ TURN LEFT, STEP, HOLD, TRIPLE STEP FULL TURN (TRAVELS FORWARD), HOLD

1-4 Step right forward (squaring off to wall), pivot ½ turn left, step right forward, hold (6:00)
5-8 Traveling forward make a full turn right stepping left, right, left, hold

Easier option counts 5-8 walk forward, left, right, left, hold

REPEAT