

Green Gate Steppin

COPPER KNOB
STEPPERS

拍數: 46 牆數: 0 級數:
編舞者: Mike Segebarth & Noreen Segebarth
音樂: I Don't Need Booze To Get A Buzz On - Alan Jackson



RIGHT & LEFT KNEE ROLLS

- 1-2 Roll right knee ½ circle to right; then back to center while keeping ball of foot in place
- 3-4 Roll left knee ½ circle to left; then back to center while keeping ball of foot in place

RIGHT & LEFT CROSS STEPS

- 5 Right foot step across left at 45-degree angle forward
- 6 Touch 1 left toe out to left side
- 7 Left foot step across right at 45-degree angle forward
- 8 Touch right toe out to right side

BACKWARDS WITH ¼ TURN

- 9 Step back on right foot
- 10 Step back on left foot
- 11 Step ¼ turn right with right foot
- 12 Stomp left foot together

LEFT HEEL CROSS

- 13 Left heel touch in front
- 14 Cross left heel over right knee

VINE LEFT & STOMP

- 15 Step left foot to side
- 16 Step right foot behind
- 17 Step left foot to side
- 18 Stomp right foot together

RIGHT HEEL CROSS

- 19 Right heel touch in front
- 20 Cross right heel over left knee

VINE RIGHT & STOMP

- 21 Step right foot to side
- 22 Step left foot behind right
- 23 Step right foot to side
- 24 Stomp left foot together

4 TOE DIGS FORWARD FOR 8 COUNTS

- 25 Right heel forward with toe in
- 26 Right toe swing out on right heel
- 27 Left heel forward with toe in
- 28 Left toe swing out on left heel
- 29 Right heel forward with toe in
- 30 Right toe swing out on right heel
- 31 Left heel forward with toe in
- 32 Left toe swing out on left heel

FOUR LEG SWINGS BACKWARDS FOR 8 COUNTS

- 33 Swing right leg out to side while hopping backwards on left foot
- 34 Step backwards on right foot
- 35 Swing left leg out to side while hopping backwards on right foot
- 36 Step backwards on left foot
- 37 Swing right leg out to side while hopping backwards on left foot
- 38 Step backwards on right foot
- 39 Swing left leg out to side while hopping backwards on right foot
- 40 Step backwards on left foot

STOMP IN PLACE

- 41 Stomp right foot in place
- 42 Stomp left foot in place

JAZZ BOX WITH ¼ TURN RIGHT

- 43 Cross right over left
- 44 Step back on left
- 45 Step ¼ turn right with right foot
- 46 Stomp left together

REPEAT
