The Great Defenders

級數: Improver

編舞者: Doug Miranda (USA) & Jackie Snyder (USA)

牆數:4

音樂: The Great Defenders - Lee Greenwood

Dedicated to all the men and women of our Armed Forces who have served our country!

RIGHT KICK STEP POINT, LEFT KICK STEP POINT, RIGHT KICK BALL CROSS, UNWIND ½ TURN RIGHT, HOLD

- 1&2 Kick right forward, step right slightly forward, point left toe to left side
- 3&4 Kick left forward, step left slightly forward, point right toes to right side
- 5&6 Kick right forward, step down on ball of right foot, cross left toe over right (weight on right)
- 7-8 Unwind ¹/₂ turn to right bringing weight to left, hold while pulling both arms to waist in one thrust with fists clenched and say huh!

WALK FORWARD RIGHT, LEFT; TWIST & BUMP HIPS TURNING 1/8 RIGHT TWICE; RIGHT SAILOR STEP, LEFT SAILOR STEP

- 1-2 Walk forward right, left
- 3&4 Twist hips & swivel heels left while bumping left making 1/8 turn right, bump hips right, twist hips & swivel feet left while bumping left making 1/8 turn right (you will have completed 1/4 turn right, weight ends on left)
- 5&6 Right sailor step step right behind left, step left to left side, step right to right side
- 7&8 Left sailor step step left behind right, step right to right side, step left to left side

STEP FORWARD RIGHT, ¼ TURN LEFT, STEP FORWARD RIGHT, ¼ TURN LEFT; STEP RIGHT TO RIGHT, TOUCH LEFT TOES BEHIND RIGHT FOOT SNAP FINGERS, STEP LEFT TO LEFT, TOUCH RIGHT TOES BEHIND LEFT FOOT SNAP FINGERS

- 1-2 Step right forward, turn ¼ turn left on balls of feet with weight ending on left (this should be a sharp military type turn, you can salute during parts of song where lyrics mention different branches of military)
- 3-4 Repeat steps 1-2 above
- 5-6 Step right to right side, cross left and touch left toes behind right while bending knees and snapping fingers as you sweep arms counter to the right ending with fingers pointing to right side and down
- 7-8 Step left to left side, cross right and touch right toes behind left while bending knees and snapping fingers as you sweep arms to the right ending with fingers pointing to left side and down

STEP FORWARD RIGHT, HOLD, STEP FORWARD LEFT, HOLD; SYNCOPATED SIDE POINT, CLAP TWICE

- 1-2 Step right forward, hold
- 3-4 Step left forward, hold
- 5&6 Point right to right side, step right next to left, point left to left side
- &7&8 Step left next to right, point right to right side, clap hands twice

REPEAT

RESTART

During 4th wall, dance first 16 counts, then restart dance from beginning.





拍數: 32