

Gravity

COPPER KNOB
STEPSHETS

拍數: 48 牆數: 2 級數: Improver waltz
編舞者: Bryan McWherter (USA)
音樂: Gravity - John Mayer



LEFT TWINKLE, RIGHT ½ TURN TWINKLE

1-3 Cross left over right, step right to right side, step left in place
4-6 Cross right over left, turn ¼ right stepping back on left (3:00), turn ¼ right stepping right to right side (6:00)

CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE

1-3 Cross rock left in front of right, recover weight back onto right, step left to left side
4-6 Cross rock right in front of left, recover weight back onto left, step right to right side

LEFT ¼ TURN FORWARD, STEP, STEP, LEFT ¼ TURN BACK, STEP, STEP

1-3 Step forward onto left making a ¼ turn left (3:00), step right together, step left next to right
4-6 Step back onto right making a ¼ turn left (12:00), step left together, step right next to left

LEFT ¼ TURN FORWARD, STEP, STEP, LEFT STEP BACK, STEP, STEP

1-3 Step forward onto left making a ¼ turn left (9:00), step right together, step left next to right
4-6 Step back onto right, step left next to right, step right next to left

STEP CROSS FORWARD, ROCK, RECOVER, STEP CROSS FORWARD, ROCK, RECOVER

1-3 Cross step left in front of right, rock right out to right side, recover weight back to left
4-6 Cross step right in front of left, rock left out to left side, recover weight back to right

STEP CROSS BACK, ROCK, RECOVER, STEP CROSS BACK, ROCK RECOVER

1-3 Cross step left behind right, rock right out to right side, recover weight back to left
4-6 Cross step right behind left, rock left out to left side, recover weight back to right

STEP BACK, SWEEP, ROCK, STEP FORWARD, STEP FORWARD, STEP ¼ TURN LEFT

1-3 Step left foot back, sweep right foot out to the left from the front to the back, rock right foot back
4-6 Step left foot forward, step forward onto right foot, step left foot to left side making a ¼ turn left (6:00)

RIGHT ¾ TURN TWINKLE, ¼ TURN, RECOVER, CONTRA BODY EXTENSION

1-3 Cross right over left, turn ¼ right stepping back on left (9:00), turn ½ right stepping forward on right (3:00)
4-6 Rock left foot out to left side making a ¼ turn right, recover weight back onto right foot (6:00), while pointing toe extend left leg in front of right towards right diagonal

Leg should be straight. This is a hesitation step

REPEAT