

Grandma's Feather Bed

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Lorraine Deering (AUS)
音樂: Grandma's Feather Bed - John Denver



2X FORWARD DIAGONAL HEEL TOUCH-KNEE HITCH WITH SLAP, SYNCOPATED STEP-LOCK-STEP, REPEAT ALL

- 1& Touch right heel diagonal forward right, hitch right knee & slap top of right thigh with right hand
2& Touch right heel diagonal forward right, hitch right knee & slap top of right thigh with right hand
3&4 Step right foot forward, lock left feet behind right, step right foot forward
5& Touch left heel diagonal forward left, hitch left knee & slap top of left thigh with left hand
6& Touch left heel diagonal forward left, hitch left knee & slap top of left thigh with left hand
7&8 Step left foot forward, lock right foot behind left, step left foot forward

2X ROCK FORWARD-ROCK BACKWARD-COASTER STEP

- 9-10 Rock forward onto right foot, rock back onto left foot
11&12 Step backward onto right foot, step left foot next to right, step forward onto right foot
13-14 Rock forward onto left feet, rock back onto right foot
15&16 Step backward onto left foot, step right foot next to left, step forward onto left foot

2X ¼ LEFT PADDLE STEPS, ROCK FORWARD, ROCK BACKWARD, COASTER STEP

- 17-18 ¼ paddle left: step forward onto right foot, turn on left foot
19-20 ¼ paddle left: step forward onto right foot, turn on left foot
21-22 Rock forward onto right foot, rock back onto left foot
23&24 Step backward onto right foot, step left foot next to right, step forward onto right foot

ROCK FORWARD, ROCK BACKWARD, TRIPLE STEP BACKWARD, HEELS-TOES SPLIT, TOES-HEELS TOGETHER

- 25-26 Rock forward onto left feet, rock back onto right foot
27&28 Step backward onto left foot, step backward onto right foot, step left foot next to right
29-30 Heels apart, toes apart
31-32 Toes together, heels together

REPEAT

FINISH

On the 14th wall replace counts 17-20 with the following

- 1& Touch right heel diagonal forward right, hitch right knee & slap top of right thigh with right hand
2& Touch right heel diagonal forward right, hitch right knee & slap top of right thigh with right hand
3-4 Cross step right foot over left, ½ turn left (feet close together, weight on left)