

Gotta Start

拍數: 32 牆數: 4 級數: Improver
編舞者: Norma Morrison
音樂: Gonna Start Livin' Again - Hal Ketchum



HEEL JACKS LEFT & RIGHT

1-2 Step right to side, cross left behind right
&3 Step right to side, touch left heel diagonally forward
&4 Step left together, cross right over left
5-6 Step left to side, cross right behind left
&7 Step left to side, touch right heel diagonally forward
&8 Step right together, cross left over right

ROCK STEP FORWARD, SHUFFLE ½ TURN RIGHT, STEP, ½ TURN RIGHT, SHUFFLE FORWARD

1-2 Rock right forward, recover to left
3&4 Step right back, turn ¼ right and step left together, turn ¼ right and step right forward
5-6 Step left forward, turn ½ right (weight to right)
7&8 Step left forward, step right together, step left forward

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK CROSS SHUFFLE

1-2 Rock right to side, replace onto left
3&4 Cross right over left, step left to side, cross right over left
5-6 Rock left to side, replace onto right
7&8 Cross left over right, step right to side, cross left over right

RIGHT KICK BALL CROSS TWICE, STEP RIGHT, ¼ LEFT, RIGHT KICK BALL CROSS

1&2 Kick right forward, step right together, cross left over right
3&4 Repeat 1&2
5-6 Step right to side, turn ¼ left (weight to left)
7&8 Repeat 1&2

REPEAT
