

Gotta Reggae

拍數: 40 牆數: 4 級數: Improver
編舞者: Dawn Dennell (UK)
音樂: Mama Likes To Reggae - The Bellamy Brothers



ROCK, ROCK, ROCK HITCH, STEP HITCH STEP HITCH

- 1 Step and rock forward onto right foot
- 2 Return weight to left foot
- 3 Rock forward onto right foot
- 4 Hitch left knee
- 5 Step back with left foot
- 6 Hitch right knee
- 7 Step back with right foot
- 8 Hitch left knee

ROCK, ROCK, ROCK, HITCH STEP, HITCH, STEP, HITCH

- 1 Step and rock forward onto left foot
- 2 Return weight to right foot
- 3 Rock forward onto left foot
- 4 Hitch right knee
- 5 Step back with right foot
- 6 Hitch left knee
- 7 Step back with left foot
- 8 Hitch right knee

GRAPEVINE RIGHT ½ TURN RIGHT, GRAPEVINE LEFT, HITCH ¼ TURN RIGHT

- 1 Step right foot to right side
- 2 Cross left foot behind right and step
- 3 Step right foot to right side
- 4 Hitch left knee and pivot ½ turn to right on ball of right foot
- 5 Step left foot to left side
- 6 Cross right foot behind left foot and step
- 7 Step left foot to left side
- 8 Hitch right knee whilst turning ¼ turn to right on ball of left foot

RIGHT, SLIDE, RIGHT HITCH, LEFT, SLIDE LEFT HITCH

- 1 Step forward on right foot
- 2 Slide left foot beside right foot
- 3 Step forward on right foot
- 4 Hitch left knee
- 5 Step forward on left foot
- 6 Slide right foot beside left foot
- 7 Step forward on left foot
- 8 Hitch right knee

STEP, KICK, STEP, KICK, STEP, KICK STEP, HITCH

- 1 Step back on right foot
- 2 Kick left foot to left side as in Bocephus
- 3 Step back on left foot
- 4 Kick right foot to right side
- 5 Step back on right foot

- 6 Kick left foot to left side
- 7 Step back on left foot
- 8 Hitch right knee

REPEAT
