

Gotta Love It

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 2 級數: Improver
編舞者: Brenda Rowsell (CAN)
音樂: The Ballad of John and Yoko - The Beatles



ROCK, RECOVER, CROSS, UNWIND ¼, SNAP FINGERS AND HOLD

- 1-4 Rock step to the right on the right foot, recover on the left, step right foot across in front of the left, hold and snap fingers
- 5-8 Rock step to the left on the left foot, recover on the right, step left foot across in front of the right, unwind for ¼ turn to the right
- 1-8 Repeat the above eight steps again

HIP BUMPS, ½ TURN TO LEFT, STEP TOUCHES

- 1-4 Step right forward on diagonal with hip bump, shift weight back on the left with hip bump, step back on right diagonal with a hip bump, shift weight forward on left with a hip bump
- 5-6 Pivot ½ turn left on the left foot as you sweep your right leg around (end with weight on the right foot), touch left toe beside right instep
- 7-8 Step left foot to the left, touch the right toe beside the left instep

STEP, STEP, STEP BALL CROSS, TOE TOUCHES, HALF TURNING SHUFFLE

- 1-2 Step right on right foot, step left behind the right
- &3-4 Step right to right on the ball of the foot and cross left over right, point the right toe to the right side
- 5-6 Touch right toe to the front, touch right toe slightly to the right
- 7&8 Begin half turn right by stepping ¼ turn to right on the right foot, step on ball of left foot beside right and step right foot ¼ turn to the right

TOE TOUCHES, HALF-TURNING SHUFFLE, STEP, HITCH, PIVOT ½ TURN HITCH

- 1-2 Touch left toe to the front, touch left toe slightly to the left
- 3&4 Step left foot ¼ turn to the left and step on the ball of the right foot beside the left, step ¼ turn to the left on the left foot
- 5-6 Step forward on the right foot and hitch the left knee
- 7-8 Pivot ½ turn to the left on the right foot, step forward on the left foot, hitch the right knee

REPEAT
