

Gotta Dance

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Tammy Hampton (AUS)
音樂: Some Days You Gotta Dance - The Chicks



- 1-4 Kick right 45 degrees left, kick right 45 degrees. Left, step right toe side, drop right heel to floor
5-8 Stomp left beside right, stomp left beside right, step left to left side, touch right together
- 1-8 Repeat last 8 counts
- 1-4 Rock forward on right, rock back on left, step back on right, hold
5-8 Rock back on left, rock forward on right, step forward on left, hold
- 1-4 Step forward right, turn ½ left, step forward on right toe, drop right heel to floor
5-8 Step left forward, turn ½ right, step forward on left toe, drop left heel to floor
- 1-4 Extend right toe 45 degrees right & touch, hitch right knee right 45, step forward on right at 45 degrees, hold
5-8 Extend left toe 45 degrees. Left & touch, hitch left knee left 45, step forward on left at 45 degrees, hold
- 1-4 Step right heel 45 degrees right, drop right toes to floor, rock left behind right, rock forward right
5-8 Step left heel 45 degrees left, drop left toes to floor, rock right behind left, rock forward left
- 1-4 Step forward on right, pivot ¼ left, step forward on right, pivot ¼ left
5-8 Step forward on right & slap right thigh with right hand, step left beside right & slap left thigh with left hand, knock both knees together twice
- 1-4 Toe/heel strut at 45 degrees right, stomp left beside right, clap (weight on left)
5-8 Toe/heel strut at 45 degrees right, stomp left beside right, clap (weight on left)

REPEAT

RESTART

There is a restart after the knee knocks on the 2nd wall. This will only happen once
