

Gotta Dance

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jenny Balment (UK) & Dianne Arthur (UK)
音樂: Some Days You Gotta Dance - The Chicks



SHUFFLE FORWARD TWICE, RIGHT ROLLING GRAPEVINE, LEFT KICK BALL CHANGE

1&2 Shuffle forward right, left, right
3&4 Shuffle forward left, right, left
5&6 Right rolling grapevine on right, left, right
7&8 Kick left forward, step on ball of left, step right beside left

SHUFFLE BACK TWICE, LEFT ROLLING GRAPEVINE, RIGHT KICK BALL CHANGE

9&10 Shuffle back left, right, left
11&12 Shuffle back right, left, right
13&14 Left rolling grapevine on left, right, left
15&16 Kick right forward, step on right, step left beside right

CHASSE RIGHT, LEFT SAILOR STEP, APPLE JACKS, CROSSING RIGHT SHUFFLE

17&18 Step right to right, step left beside right, step right to right
19&20 Cross left behind right, step right to right, step left in place
21&22 Apple jacks - left, center, right, center (or toe fans left and right)
23&24 Cross right over left, step left to left side, cross right over left

LEFT SHUFFLE FORWARD, ½ TURN RIGHT, SHUFFLE BACK, ½ TURN RIGHT, HITCH & HOLD

25&26 Step forward left, close right to left, step forward left
27& On ball of left make ½ turn, touch right beside left, kick right forward
28&29 Step back on right, close left beside right, step back onto right
30-31 On ball of right make ½ turn right, touch left to left side & hitch left leg
32 Touch left to left side

CROSSING LEFT SHUFFLE, ROCK & RECOVER, CROSSING RIGHT SHUFFLE, BEHIND UNWIND ½ TURN RIGHT

33&34 Cross left over right, step right to right side, cross left over right
35-36 Rock onto right, recover onto left
36&37 Cross right over left, step left to left side, cross right over left
39-40 Rock onto left, step right behind left, unwind ½ turn right

LEFT HEEL JACK, RIGHT HEEL JACK, STEP ½ TURN, APPLE JACKS

41 Cross left over right
&42 Step right diagonally back right, touch left heel diagonally forward left
&43 Step left beside right, cross right over left
&44 Step left diagonally back left, touch right heel diagonally forward right
45-46 ½ turn left on ball of left foot, step right to left
&47&48 Apple jacks - left, center, right, center (or toe fans left & right)

HIP BUMPS & HOLDS

49-50 Step left to left rocking hips upwards and to the left
51-52 Rock hips down to the right, and up to the left & hold
53 Step right to right rocking hips right and upwards
54-56 Rock hips down to the left, rock hips upwards right, & hold

OUT, HOLD, IN, HOLD, STEP ½ TURN, HITCH

- 57& Jump out to side, left to left side, right to right side
58 Hold and click fingers at shoulder height
59& Jump in (left to center and right to center)
60 Hold & clap
61& Jump out left to left side, right to right side
63-64 Step forward left, make ½ turn left hitching right knee

REPEAT
