

Gotta Be Yourself

拍數: 64 牆數: 4 級數: Improver
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音樂: Come On Over - Shania Twain



PUSH STEPS ON ANGLE TO LEFT AND RIGHT

1-2 Step left foot forward diagonally left pushing hips left; push hips right
3-4 Push hips left; hold
5-6 Step right foot forward diagonally right pushing hips right; push hips left
7-8 Push hips right; hold

MORE PUSH STEPS ON ANGLE TO LEFT AND RIGHT

9-10 Step left foot forward diagonally left pushing hips left; push hips right
11-12 Push hips left; hold
13-14 Step right foot forward diagonally right pushing hips right; push hips left
15-16 Push hips right; hold

On push steps, bend arms slightly and move in a circular motion toward body and away from body.

LEFT VINE WITH STOMP, HIP SWAYS

17-18 Step left to left side; cross-step right behind left
19-20 Step left to left side; stomp right foot down
21-22 Sway hips to right, then to left
23-24 Sway hips to right, then to left

PIVOT TURN, STOMPS

25-26 Step left forward; pivot ½ turn right onto right foot
27-28 Stomp left; stomp right

PUSH STEPS ON ANGLE RIGHT AND LEFT

29-30 Step right diagonally forward right pushing hips right; push hips left
31-32 Push hips right; hold
33-34 Step left diagonally forward left pushing hips left; push hips right
35-36 Push hips left; hold

MORE PUSH STEPS ON ANGLE RIGHT AND LEFT

37-38 Step right diagonally forward right pushing hips right; push hips left
39-40 Push hips right; hold
41-42 Step left diagonally forward left pushing hips left; push hips right
43-44 Push hips right; hold

On push steps, bend arms slightly and move in circular motion forward away from body and toward body

RIGHT VINE WITH STOMP, HIPS SWAYS

45-46 Step right to right side; cross-step left behind right
47-48 Step right to right side; stomp left foot down
49-50 Sway hips to left, then to right
51-52 Sway hips to left, then to right

PIVOT TURN, STOMPS

53-54 Step right forward; pivot ½ turn left onto left foot
55-56 Stomp right foot down; stomp left foot down

JAZZ BOX WITH ¼ TURN, STOMPS FORWARD

57-58 Cross-step right over left; step left foot back
59-60 Turning $\frac{1}{4}$ right, step on right; step left beside right
61-64 Stomp forward right, left, right, left

REPEAT
