Got Your Number

拍數: 32

級數: Intermediate hip hop

編舞者: Heather Frye (CAN)

音樂: Got Your Number - Mariah Carey

RIGHT SCUFF, HITCH, CROSS RIGHT OVER LEFT, BALL CROSS, LEFT CROSS SHUFFLE, STEP **TOGETHER, POP KNEES**

- Brush right forward, hitch right, cross right in front of left with weight on the ball of the foot 1&2 (knee should be slightly bent)
- 3&4 Hold, push off the ball of right foot and step back onto left, step side right
- 5&6 Cross step left in front of right, step side right, cross step left in front of right
- 7 Step right beside left (body will still be angled slightly to right corner)
- Pop knees out, bring knees together (for style, after you pop the knees out, try doing a body &8 roll up from the knees to the shoulders) - weight should end on right foot

CROSS ROCK RECOVER ¼ LEFT, TRIPLE ¾ LEFT, UNWIND ¼ LEFT, TURN BACK ¼ RIGHT, HEEL **BOUNCES MAKING FULL TURN LEFT**

- 1&2 Cross rock left over right, recover onto right, step 1/4 left onto left foot
- 3&4 Step forward right making ¼ turn left, step back onto left making ½ turn left, cross step right over left (you should end facing the 12:00 wall)
- 5-6 Unwind ¹/₄ turn left, turn back ¹/₄ right (weight is even)
- Unwind full turn left bouncing on heels and when you arrive back at the front wall, let the left 7&8 leg continue sweeping around to the left (ronde)

LEFT BEHIND BALL CROSS, RIGHT KNEE ROLL, ROCK LEFT FORWARD AND BACK AND ½ CHASE **TURN RIGHT**

- 1&2 Step left behind right, step side right, cross left over right
- 3-4 Touch right forward and roll knee to the left, step down onto right
- 5&6& Rock forward onto left, recover back onto right, rock back onto left, recover forward onto right
- 7&8 Step forward onto left, pivot 1/2 turn right onto right, step forward onto left

LOCK FORWARD, UNWIND FULL TURN LEFT, TOUCH BACK RIGHT, UNWIND ¾ RIGHT, RIGHT COASTER STEP, HITCH INTO ½ TURN RIGHT

- &1-2 Step forward right, lock left behind right, unwind a full turn left, weight ends on right
- &3-4 Step forward onto left, touch right behind left, unwind ³/₄ right,
- 5&6 Right coaster step (step back onto right, step left beside right, step forward onto right)
- 7-8 Hitch left making a 1/2 turn right, step forward onto left

Alternate to counts &1-2

&1-2 Step forward onto right, step left beside right with knees bent, straighten knees snapping fingers at the same time

REPEAT





牆數: 4