

Heartbreak Stroll (P)

COPPERKNOB
STEPSHEETS

拍數: 56 牆數: 0 級數: Partner
編舞者: Ann Williams (UK)
音樂: Never Again, Again - Lee Ann Womack



Position: Closed Western Position, man facing OLOD. lady ILOD. Opposite footwork

ROCK RECOVER, CHASSE', ROCK RECOVER, CHASSE'

1-2 Step and rock forward onto left, recover onto right
3&4 Step left to the side, step right beside left, step left to the left
5-6 Step and rock back onto right recover onto left
7&8 Step right to the side, step left beside right, step right to the side

ROCK, RECOVER, SIDE - TOGETHER - ¼ TURN

9-10 Step and rock forward onto left, recover onto right
11&12 Left shuffle to the side making ¼ turn left to LOD on the first step

Release hands, take up inside hands in Right Open Promenade Position

ROCK, RECOVER, ½ TURN SHUFFLE, ROCK, RECOVER, ½ TURN SHUFFLE

13-14 Step and rock forward onto right, recover onto left
15&16 Right shuffle making ½ turn right, change hands as you turn
17-18 Step and rock forward onto left, recover onto right
19&20 Left shuffle making ½ turn left, change hands as you turn

STEP, PIVOT, ½ TURN SHUFFLE, ROCK RECOVER, SHUFFLE

21-24 Step right forward, release hands, pivot ½ turn left, right shuffle making ½ turn left

Rejoin inside hands

25-28 Step and rock back onto left, recover onto right, left shuffle forward

STEP, STEP, (LADY TURNS) SHUFFLE, FULL TURN, (LADY STEP, STEP) SHUFFLE

29-30 **MAN:** Step forward on right, left
 LADY: Step forward on left, right making ½ turn right to face partner

Man takes lady's left hand in his left and raises joined hands into an arch. Join right hands in front at waist height

31&32 Right shuffle forward
33-36 **MAN:** Step forward on left making ¼ turn left, step back on right making a ¼ turn left turn left, left shuffle back making ½ turn left to LOD
 LADY: Walk back on right, left, right shuffle back

Left hands pass over man's head followed by right hands to end facing partner with right hands raised in arch, left hands lowered in front at waist height

ROCK, RECOVER, SHUFFLE, ROCK, RECOVER, SHUFFLE, (LADY TURNS)

37-40 Step and rock forward onto right, recover onto left, right shuffle back
41-42 Step and rock back onto left, recover onto right
43&44 **MAN:** Left shuffle forward
 LADY: Right shuffle back making ½ turn right to face LOD

Lower right hands to lady's right shoulder back into Right Side By Side position

ROCK, RECOVER, SHUFFLE, ROCK, RECOVER, SHUFFLE

45-48 Step and rock forward onto right, recover onto left, right shuffle forward
49-52 Step and rock forward onto left, recover onto right, left shuffle forward

ROCK, RECOVER, ¼ TURN, (LADY ¾ TURN)

53-56 **MAN:** Step and rock forward onto right, recover onto left, triple step in place making ¼ turn right

LADY: Step left forward, pivot ½ turn right, triple step in place making ¼ turn right

Raise and pass left hands over lady's head, lower in front and change to Closed Western position

REPEAT
