

# Heartbreak Overload

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Mick Herbert (UK)  
音樂: Heartbreak Overload - The Bellamy Brothers



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## SIDE, BEHIND, SIDE SHUFFLE RIGHT, CROSS ROCK, TRIPLE ½ TURN LEFT

1-2            Step right to right side, step left behind right.  
3&4           Step right to right side, close left next to right, step right to right side  
5-6           Cross rock left over right, rock weight back onto right  
7&8           Triple step ½ turn left - stepping left, right, left

## POINT STEP TWICE, ROCK STEP, COASTER STEP

9-10          Point right to right side, step forward right  
11-12        Point left to left side, step forward left  
13-14        Rock forward on right, rock back on left  
15&16        Step back right, step left beside right, step forward right

## PIVOT ½ TURN, HOOK, SHUFFLE, HEEL SWITCHES & CLAPS

17-18        Step forward left, pivot ½ turn right while hooking right across left  
19&20        Step forward right, close left beside right, step forward right  
21&22        Touch left heel forward, step left next to right, touch right heel forward  
&23          Step right next to left, touch left heel forward  
&24          (With left heel still touching forward), clap hands twice

## SAILOR STEP, KICK & TOUCH, ¼ TURN ROCK, COASTER STEP

25&26        Step left behind right, step right to right side, step left in place  
27&28        Kick right forward, step right next to left, touch left to left side  
29-30        Pivot ¼ turn left (taking weight on left), rock back on right  
31&32        Step back left, step right beside left, step forward left

## REPEAT

## BRIDGE

During 4th wall, dance up to count 16, then add bridge. Restart dance from beginning (count 1). You will be facing ¼ left of home wall (9:00) when you dance the bridge.

## JAZZ BOX WITH SCUFF, CROSS, BACK, KICK BALL CHANGE

1-2            Cross left over right, step back right  
3-4            Step left to left side, scuff right forward.  
5-6            Cross right over left, step back left  
7&8            Kick right forward, step left next to right, step left in place

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