

Heartbreak C

拍數: 32 牆數: 2 級數: Improver
編舞者: Harry Seddon (UK)
音樂: Sea Of Heartbreak - Diamond Jack



RIGHT CHARLESTON, ½ TURN TRIPLE, REPEAT

1-2 Touch right toe forward, step right back
3&4 ½ turn triple to left on spot, (left, right, left)
5-8 Repeat 1-4

ROCK RIGHT, LEFT, BACK, FORWARD, TWICE, RIGHT & LEFT LOCKING SHUFFLES FORWARD

1&2& Rock right to right side, recover weight onto left, rock back on right, recover weight onto left
3&4& Repeat 1&2&
5&6 Right locking shuffle forward, (right, lock, right)
7&8 Left locking shuffle forward, (left, lock, left)

Easy option 1-4, do steps 1&2&, without the syncopation, ie 4 steps over 4 beats

STEP, ½ PIVOT, ½ TURNING SHUFFLE TWICE, POINT SIDE, HOLD

1-2 Step forward right, ½ pivot turn left
3&4 ½ left turning shuffle, (right, left, right)
5&6 ½ left turning shuffle, (left, right, left)
7-8 Point right to right side, hold for 1 count, (optional: swing arms to right side on hold)

CROSS STEP, ½ UNWIND, RIGHT & LEFT BACK CROSSING TWINKLES, STEP FORWARD, ½ PIVOT

1-2 Cross right over left, ½ unwind to left, (weight ends on left)
3&4 Cross right over left, step back left, step back right
5&6 Cross left over right, step back right, step back left
7-8 Step forward right, ½ pivot turn left

REPEAT
