

# Heartbeat

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Christine Calver (UK)  
音樂: The Heart Stops The Clock - James Bonamy



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## HEEL SWITCHES, ROCK RECOVER, SHUFFLE BACK RIGHT, ROCK, RECOVER

1&2&      Right heel touch forward, replace next to left and left heel touch forward, replace next to right  
3-4      Rock forward on right, recover on left  
5&6      Step back on right, step left next to right, step back on right  
7-8      Rock back on left, recover on right

## JAZZ BOX WITH ¼ TURN LEFT, MONTEREY TURN

9-10      Cross left over right, step back on right  
11-12      Making ¼ turn left step left to left, touch right next to left  
13-14      Touch right toe to right, step right next to left while making half a turn ball of left  
15-16      Point left to left, step left next to right

## RIGHT GRAPEVINE, SIDE BEHIND AND TRIPLE TURN

17-20      Step right to right, step left behind right, step right to right, touch left beside right  
21-24      Step left to left, step right behind left, triple half turn left stepping left, right, left

## ROCK FORWARD RIGHT, COASTER STEP, ROCK FORWARD LEFT, COASTER STEP

25-26      Rock forward on right and replace onto left  
27&28      Step back on right, step left foot next to right, step right foot forward  
29-30      Rock forward on left and replace onto right  
31&32      Step back on left, step right foot next to left, step left foot forward

## REPEAT

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