

Heartaches

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Kevin Smith (AUS) & Maria Smith (AUS)
音樂: Heartaches - Rick Trevino



STEP, TOGETHER, STEP, SCUFF, ROCK ½ TURN, SCUFF (USING HIP MOTION)

1-2-3-4 Step right to side, step left next right, step right to side, scuff left into right hand corner
5-6-7-8 Rock forward left, take weight right, ½ turn left into corner step left forward, scuff right

SIDE SHUFFLE RIGHT, ROCK, SIDE SHUFFLE LEFT ¼ TURN, ROCK

1&2 Side shuffle to the right right-left-right, (straighten yourself to back wall)
3-4 Rock left behind right, take weight on right
5&6 Side shuffle to left left-right-left, ¼ turning right (9:00)
7-8 Rock back right, rock forward left

TOE STRUT FORWARD, FORWARD COASTER, TOE STRUT BACK, COASTER BACK

1-2-3&4 Right toe, heel strut forward, coaster step forward left-right-left
5-6-7&8 Right toe, heel strut back, coaster step left-right-left

2 X ¼ TURN PADDLE STEPS, KICK BALL CHANGE, SHUFFLE FORWARD

1-2-3-4 Step right forward, ¼ turn left take weight left, step forward right, ¼ turn left take weight left
5&6-7&8 Right kick forward ball change, shuffle forward right-left-right

ROCK FORWARD, BACK, LOCK SHUFFLE BACK, ¼ TURN SIDE SHUFFLE, STEP RIGHT, LEFT

1-2-3&4 Rock forward left, rock back right, lock shuffle backwards left-right-left
5&6-7-8 ¼ turn right side shuffle right-left-right, step forward left, step forward right, (take weight on left)

VINE LEFT, ½ TURN, SCUFF, VINE RIGHT, SCUFF

1-2-3-4 Step left to side, step right behind left, ¼ turn left step left, ¼ turn left scuff right

Alternate step: turning vine left 1 ½ turn scuff right

5-6-7-8 Step right to side, step left behind right, step right to side, scuff left forward

Alternate step: full turning vine right scuff left forward

MAMBA HIPS FORWARD, MAMBA HIPS BACK

1-2-3-4 Step forward left, rock back right, step back left, hold (as the music suggests use your hips)
5-6-7-8 Step back right, rock forward left, step forward right, hold

¾ TURN, TOUCH, SIDE, TOGETHER, SIDE ¼ TURN, TOGETHER

1-2-3-4 Step forward left, ¾ turn right take weight right, step left to side, touch right next to left
5-6-7-8 Step right to side, touch left next right, ¼ turn left step forward left, touch right next left (using hip motion)

REPEAT

TAG

End of wall 1 add stomp right to side, hold for 3 counts

End of wall 2 start dance

End of wall 3 & 4 add 4 hips right-left-right-left

End wall 5 start dance

End wall 6 add 4 hips

FINISH

Dance to count 14, $\frac{1}{4}$ turn to front, stomp right, left
