Heartache Blues (P)



編舞者: Ann Williams (UK)

音樂: Missing Her Blues - David Ball



Position: Start facing partner in Open Double Hand. Hold arms extended to side. Man facing OLOD. Lady on opposite footwork

WEAVE, TOUCH, WEAVE, TOUCH

1-4 Step and cross right behind left, step left to side, step and cross right over left, touch left to

side

5-8 Step and cross left behind right, step right to side, step and cross left over right, touch right to

side

WEAVE, 1/4 TURN

9-10 Step and cross right behind left, step left to side

11-12 Step and cross right over left, step onto left making ¼ turn left to face LOD Release left hand, lady's right, now in right open promenade position holding inside hands

SHUFFLE, SHUFFLE, STEP, PIVOT, STEP, PIVOT

13-16 Right shuffle forward, left shuffle forward

17-20 Step right forward, release hands, pivot ½ turn left, step right forward, pivot ½ turn left

Rejoin inside hands back in Right Open Promenade Position

STEP, LOCK, SHUFFLE, STEP, LOCK, SHUFFLE

21-24 Step right forward, step and lock left behind right, right shuffle forward Step left forward, step and lock right behind left, left shuffle forward

STEP, PIVOT ½ TURN & HITCH, TWO SHUFFLES BACK, ROCK, RECOVER

29-30 Step right forward, release hands, pivot ½ turn left on ball of right at the same time hitch left

knee

31-34 Now facing RLOD, join inside hands, left and right shuffles backwards

35-36 Step and rock back onto left, recover weight forward onto right

STEP, PIVOT ½ TURN & HOOK, SHUFFLE, STEP, PIVOT ½ TURN & HOOK, SHUFFLE

37-38 Step left forward, release hands, pivot ½ turn right of ball of left and hook right across left

shin

Now facing LOD, join inside hands, right shuffle forward

Step left forward, release hands, pivot ½ turn right of ball of left and hook right across left

shin

43&44 Now facing RLOD, join inside hands, right shuffle forward

ROCK, RECOVER, TRIPLE 1/4 TURN

45-46 Step and rock forward on left, recover weight back onto right

47&48 Triple step in place making ¼ turn left to face partner

Man takes lady's left hand in his right in open double hand hold, extend arms to side

REPEAT