

# Heartache

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 4      級數: Improver  
編舞者: Jacqueline Peters (UK)  
音樂: When the Heartache Is Over - Tina Turner



## SYNCOPATED VINE, COASTER STEP WITH ¼ TURN, WALK FORWARD

- 1-2            Step right to right side, cross left behind right  
&3-4          Step right to right side, cross left over right, step right to right side  
5&6          Step back on left making a ¼ turn left, step back on the right, step forward left  
7-8          Step forward right, step forward left (or full turn over the left shoulder)

## FORWARD SHUFFLES, SIDE TOE TOUCHES WITH CLAPS

- 9&10          Shuffle forward right, left, right  
11&12        Shuffle forward left, right, left  
13&14        Touch right toe to right side, bring it back to center as you touch left toe to left side  
&15&16       Bring left toe to center as you touch right toe to right side, two claps

## KICK BALL TOUCH, CROSS UNWIND, HEEL SWITCHES WITH CLAPS

- 17&18        Kick right foot forward, step right beside left, touch left to left side  
19-20        Cross left over right, unwind ½ turn right  
21&          Touch right heel forward, bring it back to center  
22&          Touch left heel forward, bring it back to center  
23&24        Touch right heel forward and clap twice  
25-32        Repeat steps 17-24 again

## HIP BUMPS FORWARD

- 33&34        Step down on that right foot as you push your right hip forward, push your left hip back, push your right hip forward  
35&36        Step forward left as you push your left hip forward, push your right hip back, push your left hip forward  
37-40        Repeat steps 33-36 again

## GRAPEVINE (OR ROLLING VINE) TO THE RIGHT, THEN LEFT WITH CLAPS

- 41-42        Step right to right side, step left behind right  
43-44        Step right to right side, touch left beside right with a clap  
45-46        Step left to left side, step right behind left  
47-48        Step left to left side, touch right beside left with a clap

## REPEAT

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