

Heart To Heart

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Intermediate
編舞者: Deb Crew (CAN)
音樂: Two Broken Hearted Fools - Rick Tippe



Start dance after first 16 beats of instrumentals.

STEP FORWARD, KICK-BALL-STEP, STEP FORWARD

- 1 Step forward on right foot
- 2 Kick the left foot forward
- & Quickly step ball of left foot home
- 3 Step forward on right foot
- 4 Step forward on left foot

STEP FORWARD, ½ TURN LEFT, SHUFFLE FORWARD

- 5 Step forward on right foot
- 6 Step ½ turn to the left on left foot (using ball of right foot to help you pivot)
- 7 Step forward on right foot
- & Slide and step left foot beside right foot
- 8 Step forward on right foot

STEP FORWARD, HOLD, STEP FORWARD, HOLD

- 1 Step forward on left foot
- 2 Hold position
- & Quickly and gently slide and step right foot beside left foot (&)
- 3 Step forward on left foot
- 4 Hold position

ROCK-STEP, COASTER-STEP

- 5 Rock forward on right foot
- 6 Step in place on left foot
- 7 Step back on right foot
- & Quickly step left foot beside right foot
- 8 Step forward on right foot (16)

STEP FORWARD, ½ TURN, SHUFFLE FORWARD

- 1 Step forward on left foot (17)
- 2 Step ½ turn to the right on right foot (using ball of left foot to help you pivot)
- 3 Step forward on left foot
- & Slide and step right foot beside left foot
- 4 Step forward on left foot

STEP & FULL PIVOT, STEP FORWARD, COASTER STEP

- 5 Step forward on right and execute a full pivot turn to the left on ball of right foot
- 6 Step forward on left foot
- 7 Step forward on right foot
- & Step left beside right foot
- 8 Step back on right foot

STEP-TOUCHES & HOLDS

This series of steps should be executed delicately and smoothly

- 1 Step back on left foot

- 2 Touch right heel forward
- & Quickly step right foot home
- 3 Touch left heel forward
- & Quickly step left foot home
- 4 Touch right toe out to the right side
- & Quickly step right foot home
- 5 Touch left toe out to the left side
- 6 Hold position for one beat
- & Quickly step left foot home
- 7 Touch right toe out to the right side
- 8 Hold position for one beat

REPEAT

End the dance by quickly stepping back on the left foot (&), then touching the right heel forward (25). Hold this position until the music fades out....(about 2 beats).
