

Heart Shaped Waltz

COPPER KNOB
BY STEPHEN METZ

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Jan Wyllie (AUS)
音樂: Shape of My Heart - Joni Harms



STEP BACK SWEEP, RIGHT SERPENTINE, LEFT SERPENTINE, STEP BACK TOUCH HOLD

1-2-3 Step back on left, sweep right behind left for 2 beats
4-5-6 Step right behind left, step left to left, step right to right (serpentine step)
7-8-9 Step left behind right, step right to right, step left to left (serpentine step)
10-11-12 Step back on right, touch left beside right, hold

CROSS WALTZ, WALTZ BACK, CROSS WALTZ, STEP BACK TOUCH HOLD

13-14-15 Step left across right, step right left together while turning body towards left diagonal (10:30)
16-17-18 Step back on right, step left right together while turning body towards right diagonal (2:20)
19-20-21 Step left across right, step right left together while turning body towards left diagonal (10:30)
22-23-24 Step back on right, touch left beside right, hold (still facing left diagonal)

STEP FORWARD TAP HOLD, WALTZ BACK 3/8 TURN, LEFT CROSS WALTZ, RIGHT CROSS WALTZ

25-26-27 Step forward on left (towards left diagonal), tap right behind left, hold
28-29-30 Waltz back right, left, right making a 3/8 turn to face the 6:00 wall (back wall)
31-32-33 Step left across right, rock/step right to right, rock/return weight to left
34-5-36 Step right across left, rock/step left to left, rock/return weight to right

STEP FORWARD SCUFF SCUFF, STEP BACK TOUCH HOLD, WALTZ FORWARD, WALTZ FORWARD

37-38-39 Step forward on left, scuff right forward, scuff right back (weight on left)
40-41-42 Step back on right, touch left across right, hold
43-48 Waltz forward left, right, left, waltz forward right, left, right

Add a half turn left to each of the above waltzes if you are able to

REPEAT

RESTART

On wall 3, restart after count 30
On wall 6, restart after count 12
On wall 15, restart after count 30