

# Heart Of Gold

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Noel Bradey (AUS)  
音樂: Yes I Was - Chalee Tennison



## With assistance from Peter Fry

- 1-4      Step forward right, step forward left, pivot turn ½ turn right (end weight on right), step forward left
- 5-8      Rock/step right to right side, replace weight to left, cross/step right over left, hold
- 1-4      Step forward left turning ¼ turn left, rock back on right, cross/step left back over right, step back on right
- 5-6      Touch left straight back, reverse pivot turn ½ turn left (end weight on left)
- 7-8      Step back on right, cross/step left back over right
- 1-2      Turn ¼ turn left stepping back on right, turn ½ turn left stepping forward on left
- 3-6      Step right to right side, cross/step left behind right, step right to right side, cross/step left over right
- 7-8      Turn ¼ turn left stepping back on right, turn ¼ turn left stepping forward on left
- 1-4      Step right to right side, cross/step left behind right, step right to right side cross/step left over right
- 5-6      Touch right toe to right side, turn ¾ turn right dragging right toe to beside left (weight on right)
- 7-8      Touch left to left side, cross/step left over right
- 1-2      Step right to right side, cross/step left behind right
- 3-4      Turn ¼ turn right stepping forward on right, turn ½ turn right on ball of right (left will be off the floor with knee slightly bent)
- 5-6      Rock/step forward on left, replace weight to right
- &7-8      Step on ball of left to left side, step on right to right side, drag left to touch beside right
- &      Turn ¼ turn left stepping forward on left
- 1-2      Step forward on right starting a full turn left, complete full turn left on ball of right while hitching left
- 3&4      Shuffle forward left-right-left
- 5-6      Step forward right, pivot turn ½ turn left (weight on left)
- 7&8      Scuff right forward, step on ball of right to right side, cross/step left over right
- &1      Step on ball of right to right side, cross/step left over right
- 2-4      Rock/step right to right side, replace weight onto left starting a ¾ turn right, step forward on right completing the turn
- 5-6      Rock/step forward on left, replace weight back onto right
- 7&8      Step back on left, step on right beside left, step forward on left
- 1-2      Step forward on right, pivot turn ½ turn left (weight on left)
- 3-4      (Traveling forward) turn ½ turn left stepping back on right, turn ½ turn left stepping forward on left
- 5-6      Rock/step forward on right, replace weight back on left
- &7-8      Step on ball of right to right side, step on left in place, slide/touch right beside left

**REPEAT**

## RESTARTS

Wall 3: only dance to count 16. Start wall 4 with a  $\frac{1}{4}$  turn right to step forward (you will be facing 12:00)

Wall 6: only dance to count 24 before restarting on wall 7 (you will be facing 6:00)

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