

Heart Line

拍數: 32 牆數: 4 級數: Beginner
編舞者: "Rodeo" Ruth Lambden (UK)
音樂: My Heart Has a History - Paul Brandt



RIGHT GRAPEVINE WITH SCUFF, HEEL, DIGS & HOOK

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, scuff left beside right
5-6 Tap left heel forward twice
7-8 Hook left heel to right knee, touch left heel forward

LEFT GRAPEVINE WITH SCUFF, HEEL, DIGS & HOOK

9-10 Step left to left side, cross right behind left
11-12 Step left to left side, scuff right beside left
13-14 Tap right heel forward twice
15-16 Hook right heel to left knee, touch right heel forward

RIGHT SHUFFLE FORWARD, ROCK STEP, ½ PIVOT RIGHT

17&18 Step forward right, close left beside right, step forward right
19-20 Rock forward on left, rock back onto right
21-22 Rock back on left, rock forward onto right
23-24 Step forward left, pivot ½ turn right

LEFT SHUFFLE FORWARD, STEP OUT OUT, ¼ TURN RIGHT

25&26 Step forward left, close right beside left, step forward left
27-28 Step right out to right side, step left out to left side
Feet should be shoulder width apart
29-30 Place right hand over heart, place left hand over right hand
31 With weight on left make ¼ turn right lifting right toe and straighten arms pushing them forward away from body
32 Hold foot position and pull hands in towards body over heart area

REPEAT
