

Heart Full Of Soul

COPPERKNOB
BY STEPHEN HETS

拍數: 36 牆數: 4 級數: Improver
編舞者: Charles Thornhill (UK)
音樂: Heart Full of Soul - Chris Isaak



This is an easier version of my intermediate/advanced dance called "Scarecrow"

STEP-TOUCHES RIGHT & LEFT & RIGHT, "BUTTERFLY" TURN

- 1 Touch right out to right
- & Step right next to left
- 2 Touch left out to left
- & Step left next to right
- 3 Touch right out to right
- 4 Touch right next to left
- 5 Touch right out to right side and push off right making
- & 1/8 turn to left shifting weight onto left
- 6 Touch right out to right side and push off right making
- & 1/8 turn to left shifting weight onto left
- 7 Touch right out to right side and push off right making
- & 1/8 turn to left shifting weight onto left
- 8 Touch right out to right side and push off right making
- & 1/8 turn to left shifting weight onto left (now completed ½ turn)

GRAPEVINE RIGHT, BRUSH, GRAPEVINE LEFT, BRUSH

- 9 Step right to right
- 10 Step left behind right
- 11 Step right to right
- 12 Brush left next to right
- 13 Step left to left
- 14 Step right behind left
- 15 Step left to left
- 16 Brush right next to left

SYNCOPATED STEPS FORWARD & BACK, STOMP & HOLD

- & Step forward on ball of right
- 17 Step ball of left next to right
- 18 Clap
- & Step backward on ball of right
- 19 Step ball of left next to right
- 20 Clap
- 21 Stomp right forward
- 22-24 Hold (optional raise of arms over the three beats)

PIVOT TURNS, GRAPEVINE LEFT WITH ¼ TURN, TOUCH

- 25 Step left forward
- 26 Pivot turn ½ to right
- 27 Step left forward
- 28 Pivot turn ½ to right
- 29 Step left to left
- 30 Step right behind left
- 31 Step left to left with ¼ turn to the left

28 Touch right next to left

"OIL-SLICK" SLIDES

- 29 Slide right foot diagonally forward to right
- 30 Slide left next to right
- 31 Slide left to left
- 32 Slide right next to left
- 33 Slide right foot diagonally backward to right
- 34 Slide left next to right
- 35 Stomp right
- 36 Stomp left

(Feet remain in contact with floor when sliding 29-34)

REPEAT

If you cannot slide the Oil-Slick steps, just perform them as step & touches:

- 29 Step right foot diagonally forward to right
 - 30 Touch left next to right
 - 31 Step left to left
 - 32 Touch right next to left
 - 33 Step right foot diagonally backward to right
 - 34 Step left next to right
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