

# Heart Break

COPPERKNOB  
BY STEPHEN

拍數: 0      牆數: 0      級數:  
編舞者: Craig McConochie  
音樂: The Kind of Heart That Breaks - Chris Cummings



Sequence: AB, A (counts 33-48), AB, AB, A (counts 1-17)

## PART A

**ROCK FORWARD LEFT, RECOVER, ½ TURN LEFT, ROCK FORWARD RIGHT, RECOVER, ½ TURN RIGHT**

1-2            Rock forward onto left, recover on right  
3&4           Triple step ½ right, stepping left, right, left  
5-6           Rock forward onto right, recover on left  
7&8           Triple step ½ left, stepping right, left, right

**POINT, CROSS, POINT CROSS, BACK LEFT, BACK RIGHT, CROSS SHUFFLE**

9-10           Point left toe to left side, cross step left in front of right  
11-12          Point right toe to right side, cross step right foot in front of left  
13-14          Step back onto left foot, step right foot back  
15&16          Cross left foot over right, step right to right side, cross left foot over right

**SIDE, BEHIND, SHUFFLE TO RIGHT, CROSS, BACK ¼ LEFT, SHUFFLE TO LEFT**

17-18          Step right foot to right side, step left foot behind right  
19&20          Step right foot to right side, step left foot next to right, step right foot to right side  
21-22          Cross left over right, step back right turning a ¼ left  
23-24          Step left to left side, step right foot next to left, step left to left side

**FORWARD RIGHT SHUFFLE, STEP, ½ PIVOT RIGHT, FORWARD LEFT SHUFFLE, STEP, ¼ PIVOT LEFT**

25&26          Step right forward, step left next to right, step forward right  
27-28          Step left forward, pivot ½ turn right  
29&30          Step left forward, step right next to left, step forward left  
31-32          Step forward right, pivot ¼ turn (weight ends on left)

**CROSS ROCK, RIGHT SHUFFLE TO RIGHT WITH ¼ TURN RIGHT, ROCK FORWARD LEFT, RECOVER, LEFT COASTER STEP**

33-34          Cross rock right over left, recover on left  
35&36          Step right foot to right side, step left foot next to right, step right foot to right side making ¼ turn right  
37-38          Rock forward onto left, recover on right  
39-40          Step left back, step right beside left, step forward left

**CROSS, HOLD, SIDE, HOLD, BEHIND-SIDE-CROSS, STEP, SLIDE**

41-42          Cross right over left, hold  
43-44          Step left to left side, hold  
45&46          Step right behind left, step left to left side, cross right over left  
47-48          Step left to left side, slide & touch right next to left (weight ends on left)

## PART B

**KICK BALL TOUCH TWICE, STEP-CROSS-BACK-CROSS, BACK RIGHT, BACK LEFT**

1&2            Kick right foot forward, step right in place, step touch left next to right  
3&4            Kick left foot forward, step left in place, touch right next to left

&5&6 Step right back a small step, cross left over right, step back right, cross left over right  
7-8 Step back onto right, step back onto left

**SHUFFLE RIGHT TO RIGHT, SHUFFLE BACK LEFT, RIGHT BEHIND, UNWIND ½ RIGHT, SHUFFLE FORWARD LEFT**

9&10 Step right foot to right side, step left foot next to right, step right foot to right side  
11&12 Step left foot back, step right foot next to left, step left foot back  
13-14 Step right behind left foot, unwind ½ turn right  
15&16 Step left forward, step right next to left, step forward on left

**KICK BALL TOUCH TWICE, STEP-CROSS-BACK-CROSS, BACK RIGHT, BACK LEFT**

17&18 Kick right foot forward, step right in place, step touch left next to right  
19&20 Kick left foot forward, step left in place, touch right next to left  
&21&22 Step right back a small step, cross left over right, step back right, cross left over right  
23-24 Step back onto right, step back onto left

**SHUFFLE RIGHT TO RIGHT, SHUFFLE BACK LEFT, RIGHT BEHIND, UNWIND ½ RIGHT, SHUFFLE FORWARD LEFT**

25&26 Step right foot to right side, step left foot next to right, step right foot to right side  
27&28 Step left foot back, step right foot next to left, step left foot back  
29-30 Step right behind left foot, unwind ½ turn right  
31-32 Step left forward, step right next to left, step forward on left

**HIPS BUMPS**

33-34 Step right next to left shoulder width apart, hold

**Counts 33-34 are danced three times, the first time on count 34 make sure your weight is on the left foot second and third time on the right foot**

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