

# Heart Beat!

**COPPER** **NOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Lone Darling (DK)  
音樂: In A Heartbeat - Rodney Atkins



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## SIDE TOGETHER, CHASSE RIGHT, POINTS, COASTER STEP

1-2      Step right to right side, step left beside right  
3&4      Step right to right side, step left beside right, step right to right side  
5-6      Point left toe forward, point left toe to left side  
7&8      Step back on left, step right beside left, step left forward

## SHUFFLE, STEP TURN, SCISSORS

1&2      Step forward on right, step left beside right, step forward on right  
3-4      Step forward on left, making  $\frac{1}{2}$  turn right  
5-6-7-8      Step left to left, step right alongside, cross left over right, hold

## SCISSORS, STEP BACK, $\frac{1}{4}$ TURN, SHUFFLE

1-2-3-4      Step right to right, step left alongside, cross right over left, hold  
5-6      Step back on left,  $\frac{1}{4}$  turn to right side, stepping forward on right  
7&8      Step forward on left, step right beside left, step forward on left

## KICK BALL CHANGE TWICE, CROSS, FULL TURN, LONG DRAG

1&2      Kick right forward, step right beside left, step left in place  
3&4      Kick right forward, step right beside left, step left in place  
5-6      Cross right over left, making a full turn left  
7-8      Long step to left side, slide right beside left (weight on left foot)

## REPEAT

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