

Heart Beat Blues

COPPER KNOB
BY STEPHEN HETS

拍數: 0 牆數: 1 級數: Intermediate
編舞者: Jon Hammond (UK)
音樂: Whose Baby Will You Be Tonight - Big House



Sequence: AAB, ABAA

PART A

CROSS RIGHT OVER LEFT TOE HEEL, LEFT TOE HEEL, CROSS RIGHT OVER LEFT TOE HEEL, LEFT TOE HEEL

1-8 Step right, cross over left, (with a toe, heel,) step left to side, (toe, heel,) step right cross over left (toe, heel), step left to side (toe, heel.) (snapping fingers just below shoulder height on each toe heel.)

HEEL BALL CROSS TWICE PADDLE TURN ¼ TWICE

1&2-3&4 Right kick ball cross left, right kick ball cross left
5-6-7-8 Step right forward on ball of right ¼ turn. Step right forward on ball of right ¼ turn

CROSS RIGHT OVER LEFT TOE HEEL, LEFT TOE HEEL, CROSS RIGHT OVER LEFT TOE HEEL, LEFT TOE HEEL

1-8 Step right cross over left, toe, heel, step left to side, toe, heel, step right cross left toe, heel, step left to side toe, heel. (snapping fingers just below shoulder height to each toe heel.)

HEEL BALL CROSS TWICE PADDLE TURN ¼ TWICE

1&2-3&4 Right kick ball cross left, right kick ball cross left
5-6-7-8 Step right forward on ball of right ¼ turn. Step right forward on ball of right ¼ turn

RIGHT SHUFFLE, LEFT SHUFFLE, BACK MOON WALKS

1&2-3&4 Shuffle right, left, right shuffle left, right, left
5-6-7-8- Step back right slide left toe passed right, slide right toe passed left slide left toe passed right

RIGHT SHUFFLE, LEFT SHUFFLE, BACK MOON WALKS

1&2-3&4 Shuffle right, left, right shuffle left, right, left
5-6-7-8- Step back right slide left toe passed right, slide right toe passed left slide left toe passed right

HEEL SWITCHES HOLD, PADDLE ¼ TURNS FOR A FULL TURN, OR 1/8 TURNS AT DOUBLE TIME

1&2-3&4 Right toe forward left toe to side, left toe forward right toe to side
&5-6-7-8 Step right forward hold for three counts (option snapping fingers)
1&2 Hitch right knee swivel on ball of left foot turn ¼ turn point right to side
3&4 Hitch right knee swivel on ball of left foot turn ¼ turn point right to side
5&6 Hitch right knee swivel on ball of left foot turn ¼ turn point right to side
7&8 Hitch right knee swivel on ball of left foot turn ¼ turn point right to side

PART B

SIDE CHASSE ROCK STEP TWICE SWITCH RIGHT, LEFT STEP ½ TURN

1&2 Step right to side bring left together step right to side
3-4 Step left behind right rock back on left and rock forward on right
5&6 Step left to side bring right together step left to side
7-8 Step right behind left rock back on right and rock forward on left
1&2 Step right heel forward switch left heel forward
&3-4 Step forward right ½ pivot
5&6 Step right heel forward switch left heel forward

