

Heart Attack!

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Sharon Davies (UK)
音樂: Hello Mr. Heartache - The Chicks



CHASSE LEFT, CROSS ROCK, FULL TURN RIGHT, STEP, CROSS

- 1&2 Chasse to left side, stepping left, right, left
- 3-4 Cross rock right foot over left, rock back onto left
- 5-6 Step right foot to right side, making ½ turn to right, step left foot to left side, making ½ turn to right (completing one full turn)
- 7-8 Step right foot to right side, cross left foot over right

POINTS WITH HOLDS, POINTS WITHOUT HOLDS, CROSS OVER STEP, KNEE POPS

- 9-10 Point right foot to right side. Hold
- &11-12 Step right foot in place. Point left foot to left side. Hold
- &13 Step left foot in place. Point right foot to right side
- &14 Step right foot in place. Point left foot to left side
- &15-16 Cross left foot over right (no weight). Pop knees forward twice

KICK-JUMP-TOUCH, WALK FORWARD, ½ TURN PIVOT, ½ TURN TRIPLE STEP

- 17&18 Kick left foot diagonally across right. Jump back onto left foot, touch right foot beside left
- 19-20 Walk forward, right, left
- 21-22 Step right foot forward, pivot ½ turn to left
- 23&24 Triple turning step to left, stepping right, left, right, making ½ turn to left

HEEL JACK TWICE, POINT, HITCH WITH ¼ TURN, STOMP, SCUFF

- &25 Step back onto left foot, touch right heel forward
- &26 Step back onto right foot, touch left foot beside right
- &27&28 Repeat steps & 25 & 26
- 29-30 Point left foot to left side, hitch left foot, making ¼ turn to right
- 31-32 Stomp left foot beside right, scuff left foot forward

REPEAT
