

Heart Attack Boogie

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 0 級數:
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: Heartaches - Rick Trevino



Position: Right Side-By-Side Position. Partners on same footwork

STEP, SLIDE, STEP, SCUFF, PIVOT STEP, ROCK STEPS, SCUFF

1-2 Step forward on left foot; slide right foot next to left and step

3-4 Step forward onto ball of left foot; scuff right foot next to left

Release right hands and raise left hands. Partners turn under upraised joined hands

5-6 Pivot ½ turn to the left on ball of left foot and step forward on right foot; rock back onto left foot in place

Rejoin right hands in the left side-by-side position facing RLOD

7-8 Rock forward onto right foot in place; scuff left foot next to right

VINE LEFT, SCUFF, ROCK STEP, PIVOT STEP, SCUFF

9-10 Step to the left on left foot; cross right foot behind left and step

11-12 Step to the left on left foot; scuff right foot next to left

13-14 Step forward on right foot; rock back onto ball of left foot

Release left hands and raise right hands. Partners turn under upraised joined hands

15-16 Pivot ½ turn to the right on ball of left foot and step forward on right foot; scuff left foot next to right

Rejoin left hands returning to the right side-by-side position facing LOD

STEP-SCUFFS, TO THE LEFT ROLLING TURN, SCUFF

17-18 Step forward on left foot; scuff right foot next to left

19-20 Step forward on right foot; scuff left foot next to right

21-22 Step to the left on left foot and begin a full rolling turn to the left traveling to the left; step on right foot and continue full rolling turn to the left

23-24 Step on left foot and complete full to the left rolling turn; scuff right foot next to left

JAZZ SQUARE, SCUFF, FORWARD SHUFFLES

25-26 Cross right foot over left and step; step back on left foot

27-28 Step to the right on right foot; scuff left foot next to right

29&30 Shuffle forward (left, right, left)

31&32 Shuffle forward (right, left, right)

REPEAT

TAG

To match the phasing for "Heartaches", after the 2nd repetition of the dance only, add the following 4 counts:

1 Stomp left foot next to right

2-4 Hold for 3 counts

Do not put weight on left foot