

Heart Attack & Vine

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate west coast swing
編舞者: Larry Schmidt (USA)
音樂: Heart Attack and Vine - Screamin' Jay Hawkins



POINT, POINT, FULL RIGHT TURN, POINT, SYNCOPATED VINE, ¼ TURN, ¼ TURN

- 1 Point right toe diagonally across left foot.
- 2 Point right toe to right side
- 3 Full turn right on left foot changing weight to right (like a Monterey)
- 4 Point left toe to the left
- 5&6 Step left behind right, step the right foot to the right, step left foot across right
- 7-8 Step right foot back turning ¼ left, step left foot forward turning ¼ left

CROSS, POINT, CROSS, ¼ LEFT, BACK, BACK, BACK COASTER STEP

- 1 Step right across left
- 2 Point left toe diagonally left
- 3 Step left foot over right
- 4 Step right foot back turning ¼ left
- 5 Step left foot back
- 6 Step right foot back
- 7&8 Step left foot back, step right next to left, step left foot forward

TOGETHER, STEP, STEP FORWARD, ¾ RIGHT TURN, ¼ TURNING COASTER, FORWARD STEP, SIDE ROCK, REPLACE

- &1 Step right next to left, step left foot forward
- 2 Step right forward
- 3 Turn ¾ right on right foot
- 4 Step left next to right
- 5&6 Step right back turning ¼ right, step left next to right, step right foot forward
- 7 Step left next to right
- 8& Rock right foot right and replace weight on left

CROSS AND CROSS AND CROSS AND CROSS, ¼ TURN, ¼ TURN, FORWARD SHUFFLE

- 1& Cross right over left, move left slightly to left
- 2& Cross right over left, move left slightly to left
- 3& Cross right over left, move left slightly to left
- 4 Cross right over left
- 5 Step left foot back turning ¼ right
- 6 Step right foot forward turning ¼ right
- 7&8 Step left forward, step right next to left, step left foot forward

REPEAT
