

Heart Attack

COPPER KNOB
BY STEPHEN

拍數: 40 牆數: 4 級數: Intermediate/Advanced
編舞者: Jerry Mallett (UK) & Clare Mallett
音樂: Broken Heart Attack - The Cheap Seats



KICK BALL CHANGES MOVING RIGHT, CROSS RIGHT OVER LEFT, LEFT TO LEFT

1&2 Kick ball change on right re-placing right foot slightly to right and closing left to right
3&4 Kick ball change on right re-placing right foot slightly to right and closing left to right
5&6 Kick ball change on right re-placing right foot slightly to right and closing left to right
7-8 Cross right over left, step left to left side. (feet slightly apart with weight on left)

PIVOT ¼ TURN, FORWARD LEFT, CLOSE RIGHT TO LEFT, STOMP LEFT & RIGHT, HEEL & TOE TOUCHES, ¼ TURN

1-2 Pivot ¼ turn right, step forward on left
3-4 Stomp right next to left, stomp left in place
5& Touch right heel forward, close right to left
6& Touch left toe behind, quick ¼ turn left on left toe
7&8 Right toe touch behind, close right to left, touch left heel forward

HEEL & TOE TOUCHES, ¼ TURN, HEEL & TOE TOUCHES, GRAPEVINE LEFT

&1 Close left to right, touch right heel forward
&2 Close right to left, touch left toe behind
&3 Quick ¼ turn left on left toe, right toe touch behind
&4 Close right to left, touch left heel in front
&5 Step left behind, cross right over left
6-7-8 Step left to left side, step right behind left, step left to left side

HEEL SLAP, DOUBLE KICK, FULL TURN RIGHT, ¼ TURN RIGHT

1 Right heel slap behind left knee
2 Step/point right to right side
3 Kick right foot forward
4 Kick right foot forward

3 & 4 is a quick double kick

5 Step right foot to right side

Weight on right and anchor right

6 ½ turn over right shoulder

Weight on left and anchor left

7 ½ turn over right shoulder

Weight on right and anchor right

8 ¼ turn right close up with left

Weight on left

Anchor right or left means this foot turns on the spot. Does not move otherwise

BOX STEP, BOX STEP WITH ¼ TURN

1-2 Step right foot over left, step back on left foot
3-4 Step right foot to right side, step left foot over right
5-6 Step back on right foot, step left foot to left
7-8 Step right foot forward with ¼ turn right, close left foot to right foot

REPEAT