

Heart And Mind

COPPER KNOB
STEPPERS

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Mark Cook (UK)
音樂: If You Ever Feel Like Lovin' Me Again - Clay Walker



Sequence: AAB, AABC, ABC
Dedicated to my wife, Christine, with love

PART A. (48 COUNTS)

CROSS, STEP BACK, SHUFFLE BACK, STEP BACK, ½ TURN, COASTER

1-2 Cross left over right, step back onto right
3&4 Shuffle back, left, right, left
5-6 Step back onto right, make ½ turn over right shoulder, keep weight on left
7&8 Step right back, step left next to right, step forward onto right

CROSS, STEP BACK, SHUFFLE BACK, STEP BACK, ½ TURN, COASTER

9-10 Cross left over right, step back onto right
11&12 Shuffle back, left, right, left
13-14 Step back onto right, make ½ turn over right shoulder, keep weight on left
15&16 Step right back, step left next to right, step forward onto right

CROSS, VINE RIGHT, HIP SWAYS

17-18 Cross left over right, step right to right side.
19&20 Step left behind right, step right to right side, cross left over right
21-22 Step right to right side, and sway hips to the right, sway hips to the left
23-24 Sway hips to the right, sway hips to the left

UNWIND ¾ TURN, SHUFFLE, PIVOT TURNS

25-26 Cross right behind left, unwind ¾ over right shoulder
27&28 Shuffle forward, left, right, left
29-30 Step forward on right make ½ turn over left shoulder
31-32 Step forward on right make ¼ turn over left shoulder

ROCK, COASTER, PIVOT TURNS

33-34 Rock forward onto right, recover weight to left
35&36 Step back on right, step left next to right, step forward onto right
37-38 Step forward onto left, make ½ turn over right shoulder
39-40 Step forward onto left, make ¼ turn over right shoulder.

LEFT VINE, SHUFFLE ½ TURN, ROCK, SAILOR

41-42 Step left to left side, step right behind left
43&44 Shuffle left, making ½ turn over left shoulder
45-46 Rock right to right side, recover weight to left
47&48 Step right behind left, step left to left side, step right to right side

PART B. (24 COUNTS)

SKATE FORWARD, SHUFFLE ¼ TURN, PIVOTS

1-2 Skate forward on left, skate forward on right
3&4 Side shuffle, left, right, left, making ¼ turn to left
5-6 Step forward onto right, pivot ½ turn over left shoulder, keeping weight on right
7-8 Step back onto left, make a ¼ turn over left shoulder, keeping weight on left

CROSS ROCKS, SKATE FORWARD, SHUFFLE ¼ TURN

- 9&10 Cross right over left, recover weight onto left, place right next to left
11&12 Cross left over right, recover weight onto right, place left next to right
13-14 Skate forward onto right, skate forward onto left
15&16 Side shuffle right, left, right, making ¼ turn to the right

PIVOTS, CROSS ROCKS

- 17-18 Step forward onto left, pivot ½ turn over right, keeping weight on left
19-20 Step back onto right, turn ¼ over right shoulder, keeping weight on right
21&22 Cross left over right, recover weight onto right, step left next to right
23&24 Cross right over left, recover weight onto left, step right next to left

PART C (16 COUNTS)**CROSS POINT, POINT LEFT, SAILOR ¼ TURN, PIVOT TURNS**

- 1-2 Point left over right, point left to left side
3&4 Step left behind right, step right to right side, make ¼ turn to left step forward on left
5-6 Step forward onto right, pivot ½ turn over left shoulder
7-8 Step forward onto right, pivot ¼ turn over left shoulder

CROSS POINT, POINT LEFT, SAILOR ¼ TURN, PIVOT TURNS

- 9-10 Point right over left, point right to right side
11&12 Cross right behind left, step left to left side, make ¼ turn to right, step forward on right
13-14 Step forward onto left, pivot ½ turn over right shoulder
15-16 Step forward onto left, pivot ¼ turn over right shoulder
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