

Head To Toe

拍數: 48 牆數: 1 級數: Improver
編舞者: William Sevone (UK)
音樂: From Head to Toe - Chris Clark



2X FORWARD PUSH STEP-FORWARD COASTER STEP

1-2 Push right foot forward, step onto left
3&4 Step backward onto right, step left next to right, step forward onto right
5-6 Push step left foot forward, step onto right
7&8 Step backward onto left, step right next to left, step forward onto left

4X CROSS TAP (WITH EXPRESSION)-STEP BACKWARD

9-10 Cross tap right toe in front of left foot, step backward onto right
11-12 Cross tap left toe in front of right foot, step backward onto left
13-14 Cross tap right toe in front of left foot, step backward onto right
15-16 Cross tap left toe in front of right foot, step backward onto left

On counts 9 and 13, lean body to right and click right fingers

On counts 11 and 15, lean body to left and click left fingers

FORWARD COASTER STEP, WALK FORWARD: LEFT-RIGHT-LEFT-RIGHT, BACKWARD COASTER STEP

17&18 Step backward onto right, step left next to right, step forward onto right
19-20 Walk forward (short steps): left, right
21-22 Walk forward (short steps): left, right
23&24 Step forward onto left, step right next to left, step backward onto left

½ RIGHT STEP FORWARD, ¼ RIGHT SIDE STEP, ¼ RIGHT ROCK BACKWARD, REC, ¼ LEFT SIDE STEP, ¾ LEFT STEP FORWARD, WALK FORWARD: RIGHT-LEFT

25-26 Turn ½ right & step forward onto right (6:00), turn ¼ right & step left to left side (9:00)
27-28 Turn ¼ right & rock backward onto right (12:00), rock forward onto left
29-30 Turn ¼ left & step right to right side (9:00), turn ¾ left & step forward onto left (12:00)
31-32 Walk forward (short steps): right, left

2X STEP: CROSS-BACKWARD-SIDE, CROSS STEP, STEP BACKWARD

33-34 Cross step right over left, step backward onto left
35-36 Step right backward and to the right, cross step left over right
37-38 Step backward onto right, step left backward and to the left
39-40 Cross right over left, step backward onto left

4X BACKWARD STEP: RIGHT-LEFT-RIGHT-LEFT (WITH EXPRESSION), 4X FORWARD STEP: RIGHT-LEFT-RIGHT-LEFT (WITH EXPRESSION)

41-42 Step right backward and to right, step left backward and to the left
43-44 Step right backward and to right, step left backward and to the left
45-46 Step right forward and to right, step left forward and to the left
44-48 Step right forward and to right, step left forward and to the left

On all steps (which are short), click both sets of finger and add a little expression

REPEAT