

Head Over Heels

拍數: 48 牆數: 2 級數: Improver
編舞者: Terry Hogan (AUS)
音樂: Hallelujah I Just Love Him So - The Chicks



TOE STRUT FORWARD, SIDE SHUFFLE, TOE STRUT FORWARD, SIDE SHUFFLE

1-2 Step slightly forward on right toe, drop heel taking weight onto right
3&4 Shuffle to the left side left-right-left
5-6 Step slightly forward on right toe, drop heel taking weight onto right
7&8 Shuffle to the left side left-right-left

ROCK FORWARD, REPLACE ¼ RIGHT, SIDE, CROSS, ROCK SIDE, REPLACE, CROSS, HOLD

9-10 Rock-step right forward, rock backward onto left and make ¼ turn right
11-12 Step right to the side, step left across in front of right
13-14 Rock-step right to the side, replace weight onto left
15-16 Step right across in front of left, hold

DIAGONAL FORWARD, TOGETHER, FORWARD, TOUCH, DIAGONAL FORWARD, TOGETHER, FORWARD, TOUCH

17-18 Step left forward diagonally left pushing hips left, slide right beside left
19-20 Step left forward diagonally left pushing hips left, touch right beside left
21-22 Step right forward diagonally right pushing hips right, slide left beside right
23-24 Step right forward diagonally right pushing hips right, touch left beside right

FORWARD, HOLD, SHOULDER SHIMMY, ROCK FORWARD, REPLACE, ¼ RIGHT ROCK SIDE, REPLACE

25-26 Step/stomp left forward, hold with arms out from sides palms facing forward
27-28 Leaning slightly forward shimmy shoulders with arms out from sides, repeat
29-30 Rock-step right forward, rock backward onto left
31-32 Make ¼ turn right and rock-step right to the side, replace weight onto left

CROSS ROCK, REPLACE, SIDE ½ RIGHT, SIDE, BEHIND, SIDE, CROSS, HOLD

33-34 Cross-rock right in front of left, replace weight onto left
35-36 Step right to the side and make ½ turn right, step left to the side
37-38 Step right across behind left, step left to the side
39-40 Step right across in front of left, hold

ROCK SIDE, REPLACE, FORWARD, HOLD, FORWARD, ½ LEFT, FORWARD, TOGETHER

41-42 Rock-step left to the side, replace weight onto right
43-44 Step left forward in front of right, hold
45-46 Step right forward, make ½ pivot turn left stepping onto left foot
47-48 Step right slightly forward, step left beside right

REPEAT

RESTART

On walls 3 and 5, dance only the first 32 counts and then restart from the beginning