

# Head Over Heels

**COPPER KNOB**  
STEPPEDETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)  
音樂: Head Over Heels - ABBA



## TOE TOUCHES, COASTER STEPS

1-2      Touch left toe forward, touch left toe to the side  
3&4      Step back on left, step back on right, step forward on left  
5-6      Touch right toe forward, touch right toe to the side  
7&8      Step back on right, step back on left, step forward on right

## ROCK STEP, RECOVER, COASTER STEP, TOE-STRUTS

1-2      Rock forward on left, recover on right  
3&4      Step back on left, step back on right, step forward on left  
5-6      Touch right toe forward, step down on right heel  
7-8      Touch left toe forward, step down on left heel

## CROSS ROCK STEPS, RECOVER, MODIFIED SAILOR SHUFFLE, MAMBO STEPS

1-2      Cross rock in front with right, recover on left  
3      Step right behind left making  $\frac{1}{4}$  turn to the right  
&4      Step left to side, step right to right side  
5&6      Rock left to side, recover, step left in place  
7&8      Rock right to side, recover, step right in place

## TOE STRUT, KICK-BALL-CHANGE, ROCK STEP, RECOVER, SHUFFLE TURNING $\frac{1}{4}$ TO THE RIGHT

1-2      Touch left toe forward, step down on left heel  
3&4      Right kick-ball-change  
5-6      Rock forward on right, recover on left  
7      Step right making  $\frac{1}{4}$  turn to the right  
&8      Step quickly with left next to right, step right to right side

**REPEAT**

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