

Head Full Of Air

COPPER KNOB
BY STEPHEN HETS

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Gail Turnbull (UK)
音樂: Airhead - Girlsplay



SIDE STEP, RIGHT SIDE SHUFFLE, KICK BALL CHANGE TWICE

1-2 Step right to right side, step left beside right
3&4 Step right to right side, close left beside right, step right to right side
5&6 Kick left foot forward, step down on ball of right, step left beside right taking the weight
7&8 Kick left foot forward, step down on ball of right, step left beside right taking the weight

SIDE STEP, LEFT SIDE SHUFFLE, KICK BALL CHANGE TWICE

9-10 Step left to left side, step right beside left
11&12 Step left to left side, close right beside left, step left to left side
13&14 Kick right foot forward, step down on ball of left, step right beside left taking the weight
15&16 Kick right foot forward, step down on ball of left, step right beside left taking the weight

STEP LOCK STEPS, ROCK FORWARD, BACK, ½ TURN, ½ TURN

17&18 Step forward on right foot, lock left foot behind right, step forward on right
19&20 Step forward on left foot, lock right foot behind left, step forward on left
21-22 Rock forward on right foot, recover weight on left
23-24 On ball of left foot make a ½ turn right stepping down on right foot, on ball of right foot make ½ turn right touching left foot out to left side

LEFT SAILOR STEP, RIGHT SAILOR TURN, HEEL SWITCHES, LEFT KICK BALL TOUCH

25&26 Step left behind right, step right beside left, step forward on left
27&28 Step right behind left, step left beside right, step right to right making a ¼ turn right
29&30 Touch left heel forward, back to place, touch right heel forward
&31&32 Step right beside left, kick left foot forward, step left beside right, touch left beside right

FORWARD MAMBO STEP, BACK MAMBO STEP, FULL PADDLE TURN

33&34 Rock forward on right, recover weight on left, step right beside left taking the weight
35&36 Rock back on left, recover weight on right, step left beside right taking the weight
37-40 Hitching right knee make ¼ turn left touching right out to right side, repeat 3 times ending with weight on the left foot

REPEAT
