

Head For The Country

拍數: 48 牆數: 2 級數:
編舞者: Betty Chard (AUS)
音樂: Head For The Country - Craig Giles



- 1&2 Shuffle forward right-left-right
3-4 Turning full turn right step left-right
5&6 Shuffle forward left-right-left
7-8 Step forward onto right, rock back onto left
- 1-2 Walk back turning ½ turn right stepping right-left
3&4 Shuffle forward right-left-right
5-6 Step forward onto left, rock back onto right turning ½ turn left
7&8 Step left-right-left on the spot
- 1-2 Step right to side, step left across behind right
3&4 Step right-left-right on the spot (hitch hike right hand)
5-6 Step left to side, step right across behind left
7&8 Step left-right-left on the spot (hitch hike left hand)
- 1-2 Paddle turn - step right forward, turn ¼ turn left weight onto left (with hip movements)
3-4 Paddle turn - step right forward, turn ¼ turn left weight onto left (with hip movements)
- 1-2 Step right across in front of left, rock back onto left
3&4 Shuffle to the right right-left-right
5-6 Step left across in front of right, rock back onto right
7&8 Shuffle to the left left-right-left
- 1-2 Step forward onto right turn ½ turn left, weight onto left
3-4 Step forward onto right turn ½ turn left, weight onto left
- 1-2 Weight on right heel at 45 degrees, rock back onto left
3&4 Step right-left-right on the spot
5-6 Weight on left heel at 45 degrees, rock back onto right
7&8 Step left-right-left on the spot

REPEAT
