

# Head For The Country

拍數: 48      牆數: 2      級數:  
編舞者: Betty Chard (AUS)  
音樂: Head For The Country - Craig Giles



- 1&2      Shuffle forward right-left-right  
3-4      Turning full turn right step left-right  
5&6      Shuffle forward left-right-left  
7-8      Step forward onto right, rock back onto left
- 1-2      Walk back turning  $\frac{1}{2}$  turn right stepping right-left  
3&4      Shuffle forward right-left-right  
5-6      Step forward onto left, rock back onto right turning  $\frac{1}{2}$  turn left  
7&8      Step left-right-left on the spot
- 1-2      Step right to side, step left across behind right  
3&4      Step right-left-right on the spot (hitch hike right hand)  
5-6      Step left to side, step right across behind left  
7&8      Step left-right-left on the spot (hitch hike left hand)
- 1-2      Paddle turn - step right forward, turn  $\frac{1}{4}$  turn left weight onto left (with hip movements)  
3-4      Paddle turn - step right forward, turn  $\frac{1}{4}$  turn left weight onto left (with hip movements)
- 1-2      Step right across in front of left, rock back onto left  
3&4      Shuffle to the right right-left-right  
5-6      Step left across in front of right, rock back onto right  
7&8      Shuffle to the left left-right-left
- 1-2      Step forward onto right turn  $\frac{1}{2}$  turn left, weight onto left  
3-4      Step forward onto right turn  $\frac{1}{2}$  turn left, weight onto left
- 1-2      Weight on right heel at 45 degrees, rock back onto left  
3&4      Step right-left-right on the spot  
5-6      Weight on left heel at 45 degrees, rock back onto right  
7&8      Step left-right-left on the spot

**REPEAT**

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