

He's A Rebel

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Mel Reynolds (UK) & Anita Ray (UK)
音樂: He's A Rebel - Anita Ray



HIP BUMPS

1-2 Bump hips right, bump hips left. (hip bumps only on walls 1, 3, 4)

WALK, KICK BALL CHANGE, STOMP

3-4-5 Walk forward right, left, right

6-7 Kick left foot forward, step ball of the left foot beside the right, change weight to the right foot in place

8 Stomp the left foot forward

RIGHT & LEFT SHUFFLE FORWARD, RIGHT & LEFT SHUFFLE BACK

1&2 Step right foot forward, step left foot together, step right foot

3&4 Step left foot forward, step right foot together, step left foot forward

5&6 Step right foot back, step left foot together, step right foot back

7&8 Step left foot back, step left foot together, step left foot back

REVERSE ½ TURN, SYNCOPATED LOCK STEPS, BOOGIE WALKS

1-2 Touch right foot back, ½ turn over right shoulder

3-4& Step left foot on left diagonal, lock right foot behind, step left foot forward

5-6& Step right foot on right diagonal, lock left foot behind, step right foot forward

7 Step left foot on left diagonal

8 Step right foot on right diagonal

STEP, CLAP, ¼ TURN STRUTS, SYNCOPATED WEAVE, ROCK, ½ TRIPLE TURN

1-2 Step left foot to left diagonal, clap

3-4 Step to right on ball of right foot, lower right heel clicking fingers

5-6 ¼ turn to right on ball of right foot, step forward on to ball of left foot, lower left heel clicking fingers

7-8 Step to right with right foot, cross left behind right

&9 Step to right with right foot, cross left over right

10-11 Step to right with right foot, cross left behind right

&12 Step to right with right foot, cross left over right

13-14 Rock forward on to right foot, rock back on to left

15-16 ½ triple turn over right shoulder (right, left, right)

FORWARD AND BACK SIDE TOUCHES

1 Cross left over right

2-3 Touch right to right side, touch right to front

4-5 Touch right to side, cross right behind left

6-7 Touch left back, cross over right

8 Touch right to right side

4 ¼ PIVOT TURNS

1-2 Step forward with right foot, pivot ¼ turn left

3-4 Step forward with right foot, pivot ¼ turn left

5-6 Step forward with right foot, pivot ¼ turn left

7-8 Step forward with right foot, pivot ¼ turn left

GRAPEVINE RIGHT, ROLLING GRAPEVINE LEFT

- 1-4 Step right to right side, cross left behind right, step right to right side, touch left next to right
- 5-8 Step left to left side making a $\frac{1}{4}$ turn left, make $\frac{1}{2}$ turn left stepping back on to right, make $\frac{1}{4}$ turn left stepping left to left side, touch right next to left

REPEAT

Remember Hip Bumps Only On Walls 1, 3, 4
