

# He Rocks

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Glenn Wiegand (USA)  
音樂: He Rocks - Wynonna



## VINE RIGHT 3 STEPS COASTER STEP

- 1 Step to right side with right
- 2 Cross left behind right
- 3 Step to right side with  $\frac{1}{4}$  turn to the right on right
- 4 Kick left
- 5 Back on left
- & Together with right
- 6 Forward on left
- 7  $\frac{1}{2}$  pivot turn to the right weight on right
- 8 Stomp left next to right with a clap

## JAZZ BOX CAMEL WALK

- 1 Cross right over left
- 2 Step back on left
- 3 Step to right side on right with  $\frac{1}{4}$  turn to the left
- 4 Tap left next to right
- 5 Step forward left
- 6 Bring right to left (5th position)
- 7 Step forward left
- 8 Stomp right next to left (keep weight on left)

## KICK TWICE, CROSS BEHIND, CIRCLE FOOT, $\frac{1}{2}$ TURN QUICK VINE TO LEFT

- 1 Kick right forward
- 2 Kick right to right side
- 3 Cross right behind left
- 4-5 Circle left foot two counts to the left
- 6  $\frac{1}{2}$  pivot to the left (left behind right)
- 7 Cross right over left
- & Step left to left side
- 8 Cross right behind left

## LOCKSTEP, JAZZ BOX

- 1 Step forward on left
- 2 Lock right behind left
- 3 Step forward on left
- 4 Kick right forward
- 5 Cross right over left
- 6 Step back on left
- 7 Step to right side on right with  $\frac{1}{4}$  turn to the left
- 8 Stomp left next to right changing weight to left

**REPEAT**

---